**Subject Line: Protect Medicaid & SNAP – Support Your Disabled Constituents**

Dear [Senator] [LAST NAME],

My name is [FIRST AND LAST NAME], and I’m reaching out as a constituent from [CITY, STATE]. I am deeply concerned about the proposed budget cuts to Medicaid and the Supplemental Nutrition Assistance Program (SNAP), which provide essential support to people with disabilities and their families. These programs are more than budget line items – they are lifelines that keep our communities healthy and stable.

Medicaid helps people with disabilities access vital health care and Home- and Community-Based Services (HCBS), allowing them to live independently and with dignity. SNAP ensures families can afford nutritious food, especially as food costs continue to rise. Cutting these programs would force people to make impossible choices – skipping meals, losing medical care, or even facing institutionalization.

I urge you to:

* Reject all proposed cuts to Medicaid and SNAP in the federal budget.
* Protect and expand HCBS funding so people with disabilities can remain in their communities with the support needed to thrive.
* Strengthen SNAP benefits to address rising food insecurity.

These programs represent a vital commitment to those who need them most. Please support your disabled constituents and oppose any cuts that would undermine their health, independence, and quality of life.

Thank you for your attention to this urgent issue. I look forward to your response.

Sincerely,  
[FIRST AND LAST NAME]  
[ADDRESS – optional]  
[EMAIL/PHONE]