**Subject Line: Protect Medicaid & SNAP – Support Your Disabled Constituents**

Dear [Representative] [LAST NAME],

My name is [FIRST AND LAST NAME], and I’m reaching out as a constituent from [CITY, STATE]. I am deeply concerned about proposed budget cuts to Medicaid and the Supplemental Nutrition Assistance Program (SNAP) – essential programs that provide critical support to people with disabilities and their families. These programs aren’t just budget items; they are lifelines that keep our communities stable, healthy, and connected.

Medicaid provides life-saving healthcare and Home- and Community-Based Services (HCBS) that allow people with disabilities and older adults to live with dignity and independence. SNAP ensures families don’t go hungry – a lifeline that is especially important as food costs rise. Cutting these programs would force people into impossible choices – skipping meals, losing medical care, or facing institutionalization.

I urge you to:

* Reject all proposed cuts to Medicaid and SNAP in the federal budget.
* Protect and expand HCBS funding so people with disabilities can remain in their communities with the support needed to thrive.
* Strengthen SNAP benefits to address growing food insecurity.

These programs are a commitment to those who need them most. Please support your disabled constituents and oppose any budget cuts that would harm our communities.

Thank you for your attention to this urgent issue. I look forward to your response.

Sincerely,  
[FIRST AND LAST NAME]  
[ADDRESS – optional]  
[EMAIL/PHONE]