Cover of the toolkit "Virtual Education & Students With Disabilities: Supporting Student Success in the Time of COVID-19 and Beyond," published by RespectAbility.

RespectAbility Logo in black and yellow with tagline Fighting Stigmas. Advancing Opportunities. 

Logo for RespectAbility

# Virtual Education & Students With Disabilities:

# Supporting Student Success in the Time of COVID-19 and Beyond

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## Introduction

Dear champion for a student with a disability:

Whether you are a student with a disability or an adult (parent, guardian, teacher or otherwise) who is championing success for a student with a disability, this guide is for you. Our goal is to be a timesaver for students with disabilities, as well as for the adults in their lives who care about them. This guide includes resources that can help pave the best educational and social-emotional path possible during this pandemic.

I myself am dyslexic and have ADHD. It was extremely hard for me to learn to read. Even today I need someone to check my math. It took a lot for me to gain the skills I needed to succeed. I owe a lot to my parents, especially my mother, who advocated for me. Could I have gained those skills using only remote learning? Yes, but it would have been even harder. Today, as a proud mother who knows what it means to parent a child with an IEP during this pandemic, our family lived through the school disasters this spring. No family should have to go through this again. Hence, we created this guide to hopefully ease this road for you.

**To be clear, this guide is not original content.** It is a compilation of the best resources we could find. It still will take you a lot of time to go through the links in the guide to find the ones that will work best for you. You also will need to keep up communication with your child’s schools and IEP/504 team.

The COVID-19 crisis has been hard on almost everyone. There has been loss of life, jobs and more. Tragically, it also has significantly harmed the 6.3 million students with disabilities who largely got lost in the chaos as schools moved from in-person classrooms to online learning. This is especially true for students who did not have good access to internet, computer devices or adults who had the time and skills to help them through online learning. Challenges also were compounded for the 740,000 students with disabilities who are English language learners, as well as the millions of others impacted by lack of access to food.

Still, even in homes with ample food, computer and internet access, and parents who were able to help daily, it was a mess for student with disabilities. Millions of students lost ground academically and many had significant increases in mental health issues. This was true even in some of the best funded and staffed school districts in America. Indeed, many teachers’ unions tried to avoid meeting the obligations of IEPs and 504s. Thankfully, the unions were not legally allowed to circumvent the law, and there is a lot of litigation pending. The fact is that no child with a disability or family should wait on litigation to try to find the best possible solution for education during this crisis.

*That is why we created this guide. We know there are no simple or perfect answers. Our goal is to help you find solutions to help support students with disabilities, such that they thrive to the extent possible.*

This fall, millions of students will return, or *go forward*, to classrooms. With that being said, due to the continuing pandemic, many schools will be a hybrid model of in-person and remote education. Others will be fully remote. Regardless, due to underlying medical conditions, many students will need to continue distanced learning, while other students with disabilities will be returning to a “new normal” riddled with virus-related safety concerns in schools.

It can be very challenging to be a student with a disability even in the best of times. Even before the COVID-19 pandemic, the gap in graduation and dropout rates between students with and without disabilities continued to undermine their futures. For example, in [the class of 2018](https://nces.ed.gov/programs/coe/indicator_cgg.asp), only 66 percent of Black students with disabilities, 71 percent of Hispanic students with disabilities, 77 percent of white students with disabilities, and 79 percent of Asian-American students with disabilities completed high school. This compares to 87 percent students without disabilities overall. Furthermore, [just seven percent of students born with a disability](https://www.air.org/sites/default/files/Lack%20of%20Equal%20Pay%20for%20People%20with%20Disabilities_Dec%2014.pdf) graduated from college pre-pandemic. As a nation we need to do better.

This guide is a stop-gap measure. School is about to start, and people need resources now, not later. Thus, with far less time than we might have wanted, we got to work. As such, your experience with each of the organizations listed in this guide may vary. If you have any feedback or encounter any difficulties with any of the resources listed, please let us know.

I, like many parents and people with disabilities, have found that advocacy is very important and can make a difference. We wrote to our child’s IEP team, principal, the school board, special education team, county, state and federal officials. It was clear that there was no playbook of proven solutions that everyone could follow. A lot of good people were trying to find solutions; but in a crisis, the squeaky wheel gets the oil. Thus, we who care about students with disabilities need to be loud and proud in our advocacy.

Thankfully, through ongoing engagement we were able to see significant progress in the plans for our local schools this fall. If you are a student with a disability or an adult who cares about a student with a disability, you too will need to develop relationships with the public officials who can impact the success of education, employment and other key issues for people with disabilities. The law is behind us and you will find that most are quite delighted to hear from you as they want to know what is really happening in communities and which solutions will work.

***Want to share your thoughts and concerns with elected officials? We’ve made it easy!***

RespectAbility has a free tool to help you connect with your elected officials. It is very simple to use. All you need to do is put in your name and address and it will automatically send your message to many relevant elected officials. Unfortunately, it does not have your school board or special education department, so you will want to go online separately and find those emails. But it will reach a large number of elected officials who need to hear from constituents who care.

To reach out to your elected officials via email, Twitter or phone, the easy-to-use form is available on our website: [https://therespectabilityreport.org/2020/07/26/ada-action-alert](https://therespectabilityreport.org/2020/07/26/ada-action-alert/).

Meanwhile, we hope this guide will be a big help to you in your journey to find educational solutions during this crisis.

If you know of other nonprofit and/or governmental resources that should be added to this guide, please send me an email at [JenniferM@RespectAbility.org](mailto:JenniferM@RespectAbility.org). We will continue to update this guide to offer people the resources they need during this challenging time.

We at RespectAbility wish you every success in your journey to a safe and successful school year ahead!

Respectfully,

[Jennifer Laszlo Mizrahi](https://www.respectability.org/2017/12/jennifer-laszlo-mizrahi-president/)

President, RespectAbility

[www.RespectAbility.org](http://www.RespectAbility.org)

## Acknowledgements

In these challenging times, nonprofit organizations, RespectAbility included, find themselves facing a tough fundraising environment due to the COVID-19 and economic crisis. At the same time, due to the same factors, we find the needs for our services to have increased exponentially. Thus, we are especially grateful to our funders, professional staff and volunteers.

We would like to thank the following for financial support of our work: Stanford and Joan Alexander Family Fund; Bank of America Charitable Foundation; Vivian and Raymond Bass; The David Berg Foundation; The Beverly Foundation; the Stanley and Joyce Black Family Foundation; the California Wellness Foundation; the California Workforce Development Board; Carnegie Corporation; the Johnny Carson Foundation; The Coca-Cola Foundation; Shelley and Ruvan Cohen; Comcast NBCUniversal; Cheri Fox; Diane & Guilford Glazer Philanthropies; The Aline and Leo Jacobsohn Foundation; the Jewish Community Foundation of Los Angeles; JP Morgan Chase; the Murray-Reese Foundation; the Craig H. Neilsen Foundation; The New York Women’s Foundation; Richard Phillips; The Roddenberry Foundation; Charles and Lynn Schusterman Family Foundation; The Schwartz Creed Foundation; the Marilyn Einstein and Steven Sim Charitable Fund; the May and Stanley Smith Charitable Trust; Sony Pictures Entertainment; Ann and Andrew Tisch Family Fund; ViacomCBS; the Walt Disney Company; The Harry and Jeanette Weinberg Foundation; Weingart Foundation; and others.

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This document exists because RespectAbility’s team has laid a great foundation: Nasreen Alkhateeb, Franklin Anderson, Lauren Appelbaum, Eric Ascher, Debbie Fink, Lauren Gilbert, Philip Kahn-Pauli, Matan Koch, Tatiana Lee, Jennifer Laszlo Mizrahi, Leah Romond, Ben Spangenberg and Joshua Steinberg. It is also a testament to our summer 2020 National Leadership Fellows: Autumn Blalock, Lily Coltoff, KiAnna Dorsey, Lizzy Francis, Maria Heredia, Nicole Homerin, Chiquita Jackson, Laka Negassa, Ben Rosloff, Stephanie Santo, Angelique Uwabera and Blair Webb.

Special mention must be made of those who did the real work behind this guide. RespectAbility’s professional team of [Debbie Fink](https://www.respectability.org/2017/12/debbie-fink/) and [Philip Kahn-Pauli](https://www.respectability.org/2017/12/philip-kahn-pauli-policy-and-practices-director/) were deployed to start pulling together resources. Fink is a former educator, children’s book author and innovator who was commissioned to design an interactive program for students with learning disabilities, bringing it to 4,500 students, educators and parents over a few years’ time. She holds a master’s degree combining education, psychology and public administration from George Mason University and a bachelor’s degree in psychology from American University. Kahn-Pauli is an expert in public policy who helps people with disabilities get the skills and jobs they need to succeed. He has provided testimony on education and jobs for people with disabilities in every state and holds a master’s degree in social policy and philosophy from the George Washington University as well as a bachelor’s degree from the University of Denver. We also were helped by [Heidi Wangelin](https://www.respectability.org/2018/09/heidi-wangelin/), one of our previous National Leadership Fellows. This guide was edited by [Lauren Appelbaum](https://www.respectability.org/2017/12/lauren-appelbaum-communications-director/), who has a master’s degree in Broadcast Journalism from Syracuse University, undergraduate degrees from Columbia University and the Jewish Theological Seminary, and a certificate in secondary school education from Gratz College. As an individual with an acquired nonvisible disability – Reflex Sympathetic Dystrophy – she often publishes articles about the intersection of disability, employment, Hollywood and politics.

Special credit on reviewing the accessibility of various resources goes to [Baksha Ali](https://www.respectability.org/2020/02/baksha-ali-community-outreach-fellow/), Spring 2020 Community Outreach Fellow in RespectAbility’s National Leadership Program; [Khadija Bari](https://www.respectability.org/2017/07/khadija-bari-2/), RespectAbility board member; [Leo Cantos](https://www.respectability.org/2018/09/breaking-the-glass-ceiling-with-ollie-cantos-and-triplets-steven-nick-and-leo/), student at Southern Virginia University; and [La’Rina Carolina](https://www.respectability.org/2019/06/larina-carolina/), 2019 alumna of RespectAbility’s Lab for Entertainment Professionals with Disabilities, who also is a web show host and advocate for the Deaf community.

As we began this project, we were blessed when [Nicole Homerin, M.Ed](https://www.respectability.org/2020/07/nicole-homerin-community-outreach-fellow/)., applied for a Community Outreach Fellowship with us. As an incoming doctoral student in special education at California State University, Los Angeles, she has more than a decade of experience working with individuals with disabilities. Homerin received her master’s degree in special education from Boston College, where she was the recipient of the Bernard A. Stotsky/Thomas H. Browne Prize for Excellence in Special Education. In addition, Homerin holds a bachelor’s degree in early childhood education from Boston University.

Homerin served as Lead Special Education Teacher at a nonpublic school in Los Angeles for children with multiple disabilities and children who were medically fragile. She spent several years educating children with multiple disabilities at The Campus School at Boston College and in the Deafblind Program at Perkins School for the Blind. She also served as the Assistant Coordinator of Residential Living in the Outreach Program at Perkins School for the Blind. This Outreach Program offers public school students who are blind or low vision with the opportunity to focus on Expanded Core Curriculum areas that can be difficult to address within a school day, such as personal care, health and wellness, independent living and social skills. Homerin did the bulk of the work on this guide and we are deeply grateful for her commitment and thoroughness.

We also want to thank RespectAbility’s chair, Steve Bartlett, a co-author of the Americans with Disabilities Act (ADA), which was signed into law 30 years ago. This law gave people with disabilities civil rights and opened new pathways toward independence. This guide builds on that success as well as on the understanding of others that people with disabilities have a right to an education and work – and have talents to contribute – just like anyone else.

As such, our collective goal is to give parents, teachers, students with disabilities and others a roadmap they can follow as they navigate solutions during these challenging times.

Thank you!

## Virtual Resource Guides by Other Organizations

*Web version of the table below can be found here:* [*https://www.respectability.org/virtual-education/virtual-resource-guides-by-other-organizations*](https://www.respectability.org/virtual-education/virtual-resource-guides-by-other-organizations)

*\*\*\* The materials contained in these resources are the intellectual property of that organization. \*\*\**

***Disclaimer:*** *Inclusion in this resource guide does not indicate endorsement of its program or content. RespectAbility has no financial stake in any of these resources.*

Table 1. Virtual Resource Guides by Other Organizations

| Organization | Website | Additional Information |
| --- | --- | --- |
| A Day in Our Shoes | [150 Distance Learning Resources for Parents/OT/PT/Special Education/All Subjects](https://adayinourshoes.com/homeschool-therapy-resources-iep/) | K-12 resources including disability-specific categories and content area links |
| Amazing Educational Resources | [1507 Amazing Educational Resources](https://www.amazingeducationalresources.com/) | Search by grade and subject area, specifically by special education, dyslexia and intervention resources |
| American Printing House | [At Home with APH Resources](https://www.aph.org/athomewithaph-resources/) | Resources for students who are blind and low vision in the expanded core curriculum; links to accessible apps |
| Arlington Public Schools (Virginia) | [COVID-19 Closure Tools for Parents](https://www.apsva.us/special-education/parent-resource-center/covid-19-closure-tools-for-parents/) | Resources on assistive technology, behavior, d/Deaf, hard of hearing, eating and feeding, establishing routines, literacy, math, related services, sensory/self-regulation, social/emotional, speech, fluency and secondary learning |
| Boston University | [Bilingual ASL-English Deaf Education Library](http://www.deafedlibrary.org/) | ASL lessons, literature and teaching materials for K-12; also includes links to live events, such as ASL storytime |
| Bridging Apps | [Accessible App Search](https://search.bridgingapps.org/dashboard) | Database of 3,000 apps for both iOS and Android platforms that are appropriate for students with a variety of disabilities and age groups |
| Center for Parent Information and Resources (CPIR) | [Coronavirus Landing Page](https://www.parentcenterhub.org/coronavirus-resources/)  [Supporting Your Child's Learning at Home During COVID](https://www.parentcenterhub.org/supporting-your-childs-learning-at-home/)  [Schooling at Home During Coronavirus](https://www.parentcenterhub.org/cv19-schooling-at-home/)  [COVID-19 Info in Other Languages](https://www.parentcenterhub.org/cv19-languages/) | Supported by the Office of Special Education Programs at the U.S. Department of Education, the Center shares resources developed by Parent Centers across the country |
| Central Michigan University | [Stay at Home Resources](https://www.cmich.edu/colleges/class/Centers/DBCentral/Pages/COVID19-Resources.aspx) | Educational resources for students who utilize ASL and/or Braille; Trainings and webinars for families and professionals; Links to activities appropriate for students with CVI |
| Colorado Department of Education | [Planning for the 2020-2021 School Year](http://www.cde.state.co.us/planning20-21) | Guidance and resources regarding school reopening in Colorado |
| Colorín Colorado | [Coronavirus: ELL and Multilingual Resources for Schools](https://www.colorincolorado.org/coronavirus)  [Coronavirus: Recursos en español](https://www.colorincolorado.org/es/coronavirus-recursos)  [School Responses to COVID-19: ELL/Immigrant Considerations](https://www.colorincolorado.org/coronavirus-ell) | Colorín Colorado is the premier national website serving educators and families of English language learners (ELLs) in Grades PreK-12 |
| Council for Exceptional Children | [Resources for Teaching Remotely](https://www.cec.sped.org/Tools-and-Resources/Resources-for-Teaching-Remotely) | Resources and webinars for families and teachers for teaching remotely, including section on birth to three (years) |
| COVID-19 Classroom (Harvard Medical School) | [COVID-19 Classroom](https://kids.covidstudentresponse.org/) | Students at the Harvard Medical School have collaborated to develop critical resources for students of all ages.  Resources include: Caregiver/Teacher Guides, materials for elementary, middle and high school resources, as well as materials in French and Spanish |
| Dacia Sigler, Special Educator | [Special Education and Distance Learning](https://docs.google.com/spreadsheets/d/1K2FCuy8Mn5iyX-QP9N_BZM_iXoXT4bcTesf67IQoi98/edit?fbclid=IwAR1rsTUojyuJQ324DN1PqAp1B9sLqXMZpaxl2NDma2hsKDMai20FPJEdrAo#gid=0) | 100 resources compiled by educators, therapists and parents, including short descriptions |
| District Administration (Steve Blackburn) | [335 Free K-12 Resources During Coronavirus Pandemic](https://districtadministration.com/coronavirus-free-teaching-resources-free-education-services-covid-19/) | Variety of resources for families, including curriculum, special education and  COVID-19 support |
| District of Columbia Public Schools | [Distance Learning Resources](https://dcps.instructure.com/courses/179580/pages/learners) | Resources for K-12 sections include: specialized instruction (self-contained, inclusion, related services, sensory support, special education process guidance, Section 504) and language acquisition |
| Easterseals Southern California | [Resources for Families & Staff During COVID-19 Quarantine](https://www.easterseals.com/southerncal/explore-resources/covid-19-resources/) | Resources for PreK-12 **Categories include:** communication and assistive technology, behaviors support, speech and language supports, occupational therapy supports, arts, movement, socialization and coping with COVID-19 |
| Educating All Learners | [Resources and Guidance](https://www.educatingalllearners.org/educator-resources) | Resources and research on a variety of topics related to special education for caregivers, students and teachers |
| Family Voices | [Coronavirus Information and Resources](https://familyvoices.org/covid19/)  [Resource eBlast: COVID-19 Series](https://familyvoices.org/resource/resource-eblast-covid-19-series/) | Family Voices is a national organization and grassroots network of families and friends of children and youth with special health care needs and disabilities that promotes partnership with families – including those of cultural, linguistic and geographic diversity—in order to improve healthcare services and policies for children |
| Fresno Unified | [Special Education COVID-19 - Fresno Unified School District](https://www.fresnounified.org/dept/specialeducation/Pages/Special-Education-COVID-19.aspx) | Resources from California’s third largest public-school district |
| Health Advocacy Summit | [Keeping Students Safe](https://www.healthadvocacysummit.org/keep-students-safe) | Resources for keeping students safe in higher education |
| INCLUDEnyc | [Coronavirus Updates](https://www.includenyc.org/content/includenycs-response-to-covid-19)  [Coronavirus Resources](https://www.includenyc.org/content/covid-19-resources) | INCLUDEnyc is the leading provider of training and information for young people with any disability (age 0-26) in New York City, their families, and the professionals who support them |
| Kansas Department of Education | [Distance Learning for Special Education](https://sites.google.com/view/distance-learning-specialed/home/online-resources?authuser=0) | Resources for PreK-Transition  Sections include: behavior supports, communication supports, motor activities, visual supports, social emotional, and recreation and leisure |
| Learning Policy Institute | [Resources and Examples: Learning in the Time of COVID-19](https://learningpolicyinstitute.org/issue/covid-19-resources) | The Learning Policy Institute conducts and communicates independent, high-quality research to improve education policy and practice. This page is updated regularly and curates some of these resources based on the recommendations of LPI research teams and LPI partners |
| Los Angeles Unified School District (LAUSD) | [COVID-19 Resources for Parents of Students with Disabilities / Recursos para Padres de Alumnos con Discapacidades](https://achieve.lausd.net/Page/16606)  [Virtual IEP Team Meeting Informational Video for Parents](https://lausd.wistia.com/medias/fz1wtbqqkd%20) / [Información Para Padres Sobre la Reunión Virtual del Equipo del IEP](https://lausd-495.wistia.com/medias/68tn9eq762) | As the second largest school district in the U.S. and the second-largest employer in L.A. County, LAUSD consistently has developed new resources as the COVID-19 crisis has continued |
| Massachusetts Advocates for Children | [COVID-19 Information Clearinghouse](https://www.massadvocates.org/covid-clearinghouse?fbclid=IwAR2DvzS294d6SDjs5EHapzwNCpENnj9EWB8AznsrhcaEbXvHtHZJdgP9GTo) | Resources for PreK-12 **Topics included:**  general academics, anxiety, Autism Spectrum Disorders, basic needs, behavior, social-emotional, special education and transition |
| Massachusetts Council for Exceptional Children | [Resource Folders](https://drive.google.com/drive/folders/1jLadDWfBO9OYrNmLzB8hGSikOHJd6IV9) | Lesson Plans and activities for PK-12 |
| Massachusetts Department of Elementary and Secondary Education | [COVID-19 Information and Resources for Special Educators](http://www.doe.mass.edu/covid19/sped.html) | This page provides information for Special Education Directors about the Coronavirus Disease (COVID-19) and will be updated as additional guidance is available |
| Mississippi Department of Education | [Hearing and Vision At-Home Resources](https://www.mdek12.org/LearningAtHome/H&V) | PK-12 resources for students who are d/Deaf, hard of hearing, blind and low vision |
| Motion Light Lab (ML2) | [ASL Literacy Activities](https://motionlightlab.podia.com/asl-literacy-activities) | An interdisciplinary lab drawing on expertise from across the wider Gallaudet University network, Motion Light Lab (ML2) explores creativity, art, design, aesthetics, and our understanding of the world. The ASL Literacy Activities page contains materials ranging from daily activities to storybooks as well as intersectional literature from BIPOC leaders |
| National Center for Learning Disabilities (NCLD) | [Resources & Tools: COVID-19](https://www.ncld.org/covid19/) | Offers resources for parents, educators and young adults with disabilities, NCLD’s website offers a wide network of connections and resources |
| National Center for Special Education in Charter School | [Family Resources](https://www.ncsecs.org/family-resources/) | Resources guide parents through the special education process and laws in charter schools |
| National Center for Pyramid Model Innovations | [Resource Library](https://challengingbehavior.cbcs.usf.edu/resources/index.html?fbclid=IwAR2HBQE5D_ZrUCGpp1uHfWXQu1s1fecrmFL6yNLxzNaT9OxMpw7Sr_y8liM) | Resources can be searched by category, resource type, audience and language (Chinese, English, French, Spanish) |
| National Center for Systematic Improvement (NCSI) | [COVID-19 Resources for Supporting Students with Disabilities](https://ncsi.wested.org/) | Resources for PK-12 for student learning, training for parents and educators  Filters by: media type, resource type, age group, audience, cost and content area |
| New York City Department of Education | [Helpful Links for COVID-19](https://www.schools.nyc.gov/learning/learn-at-home/activities-and-supports/special-education-supports/helpful-links-for-covid-19)  [Special Education Learn at Home Resources](https://www.schools.nyc.gov/learning/learn-at-home/activities-and-supports/special-education-supports/helpful-links-for-covid-19)  [Assistive Technology Supports](https://www.schools.nyc.gov/learning/learn-at-home/activities-and-supports/special-education-supports/assistive-technology) | Special education and COVID-19 related resources for New York City area students with disabilities and their families |
| New York State Education Department (NYSED) | [COVID-19 Resources for Families and Communities](http://www.nysed.gov/postsecondary-services/covid-19-resources-families-and-communities)  [Continuity of Learning](http://www.nysed.gov/edtech/continuity-learning) | The New York State Education Department (NYSED) provides guidance regarding COVID-19 for schools across the state to help us ensure the health and safety of students. The guidance provides important information about child care, child nutrition and meals, continuity of learning, special education, state assessments, school closures, and more. The website also provides guidance for colleges and universities, adult education programs, and licensed professionals, in addition to other important information. |
| North Reading Public Schools (Massachusetts) | [NRPS Elementary Sites](https://sites.google.com/north-reading.k12.ma.us/nrpselem/kinder) | List of accessible apps and websites by grade levels, K-5 |
| Office of Special Education Programs | [Continuity of Learning During COVID-19](https://osepideasthatwork.org/continuity-learning-during-covid-19?fbclid=IwAR3BPdvB06OsZQ5EX5eGl3-c_wLO054qzj8rZ_pM9gRG14D8xb8qubEtX9g) | PK-12 resources that can be narrowed by disability category and grade level; resources for families, teachers and related service providers |
| Open Community Homeschooling Resource | Literacy Resources for Learning at Home ([Google Document](https://docs.google.com/document/d/19eAJoN5TUMUqtIZOCelNj1KJqTpe3lsNdzGRiPKQdVE/edit)) | Not specific to special education but does include special education resources |
| Parent to Parent USA (P2P USA) | [COVID-19 Resources](https://www.p2pusa.org/covid-19) | Parent to Parent USA (P2P USA) is a national nonprofit organization that promotes excellence in P2P programs across the nation |
| Pathfinders for Autism | [Coronavirus (COVID-19) Resources Page](https://pathfindersforautism.org/coronavirus/) | Pathfinders for Autism works to support and improve the lives of individuals affected by autism through expansive, individualized programming, and by providing resources, training, information and activities free of charge |
| Paths to Literacy | [Online Learning Opportunities from Schools for the Blind and Related Organizations](https://www.pathstoliteracy.org/resources/online-learning-opportunities-schools-blind-and-related-organizations) | Resources for students who are blind and low vision, including TVI and O&M services |
| Paths to Literacy (Kevin Hollinger) | [Virtual Field Trips that are accessible to students with low vision](https://www.pathstoliteracy.org/resources/virtual-field-trips) | Paths to Literacy is a joint project of Perkins School for the Blind and Texas School for the Blind and Visually Impaired (TSBVI). Paths hosts a range of virtual field trips compliant with Section 508 accessibility requirements. |
| PATTAN | [Covid-19 Pandemic Support for Education](https://www.pattan.net/Home/Mini-Slideshow-With-Image/COVID-19-Resources-1) | Links to a variety of resources for students with complex learning needs; additional resources for students in PA |
| PBS SoCal | [At-Home Learning](https://www.pbssocal.org/education/at-home-learning/)  [Digital Backpacks for Kids / Mochilas Digitales Para Niños](https://www.pbssocal.org/education/at-home-learning/download-digital-backpacks-kids/) | At-Home Learning — Summer Edition — is an early childhood education resource (for ages 2-8) to help families, educators and community partners curb the summer slump while supporting students as they gear up for the next school year.  Find at-home learning activities, guides, and expert advice below, to expand learning and family engagement. |
| Region One Virtual Accommodations | [Accommodation Recommendations](https://drive.google.com/drive/folders/1eB1qKNVtPIty_400jIFtja5Vs2pEp5Fi?fbclid=IwAR0mLOSPO2g8dD6ZVANBetbc-XIuCqszxFTOBjB2zKjkxvnmMJaJ5XPkkDk) | Accommodation recommendation for virtual learning including print disability, oral presentation, visual supports, visual tracking, magnification, clarifying directions, manipulatives, calculator, dictionaries and behavior supports |
| Rhode Island Department of Education | [COVID-19 Special Education Resources](https://www.ride.ri.gov/StudentsFamilies/SpecialEducation/COVID-19SpecialEducationResources.aspx#43531905-resources-for-parents) | Resources for teachers, paraprofessionals, early childhood special education, related service providers, parents and special education procedures |
| San Diego County Office of Education | [Language Development Resources for EL Students by Language Strand and Content](https://docs.google.com/spreadsheets/d/1nwp9X6QX5W_itG767Nf6ymuJswAeKCUnoxdEhqkEVok/edit#gid=0) | Curated list of resources for teachers working in California’s second largest school district |
| South Carolina Department of Health and Environmental Control | [Children’s Activity Book](https://scdhec.gov/sites/default/files/Library/CR-012690.pdf)  [COVID-19 LIBRO DE ACTIVIDADES PARA EL NIÑO](https://www.scdhec.gov/sites/default/files/Library/CR-012735.pdf) | This children’s activity book, available in both English and Spanish, helps children better understand the COVID-19 pandemic, life-saving hygiene measures and personal safety |
| State Council on Developmental Disabilities (SCDD) | [COVID-19 Resources in Plain Language](https://scdd.ca.gov/)  [COVID-19 and IDEA Part B Special Education](https://scdd.ca.gov/wp-content/uploads/sites/33/2020/03/ENG-COVID-19-and-special-ed-2-.pdf) / [COVID-19 y IDEA Parte B Educación Especial](https://scdd.ca.gov/wp-content/uploads/sites/33/2020/03/SPAN-COVID-19-and-special-ed-2.pdf)  [COVID-19 & IDEA PART C EARLY INTERVENTION](https://scdd.ca.gov/wp-content/uploads/sites/33/2020/03/ENG-Corona-virus-and-early-start.pdf) / [COVID-19 Y IDEA PARTE C INTERVENCIÓN TEMPRANA](https://scdd.ca.gov/wp-content/uploads/sites/33/2020/03/SPAN-Corona-virus-and-early-start.pdf) | The State Council on Developmental Disabilities (SCDD) is established by state and federal law as an independent state agency to ensure that people with developmental disabilities and their families receive the services and supports they need |
| Tourette Association of America | [Covid-19 Resources for Tourette Syndrome](https://tourette.org/covid-19-resources-for-tourette-syndrome/) | Links to a variety of resources and supports for individuals with Tourette syndrome |
| UCLA Center for Autism Research and Treatment (CART) | [COVID-19 Resources](https://www.semel.ucla.edu/autism/covid-19-resources) | Educational resources for students with ASD, epilepsy, Angelman Syndrome; local resources, resources in Spanish, emergency preparedness and mental health |
| Understood.org | [Coronavirus: Latest Updates and Tips](https://www.understood.org/en/school-learning/coronavirus-latest-updates)  [Coronavirus: información reciente y recomendaciones](https://www.understood.org/es-mx/learning-thinking-differences/understanding-childs-challenges/talking-with-your-child/coronavirus-latest-updates) | Understood.org offers English and Spanish language resources related to learning disabilities, parent advocacy and educator materials |
| U.S. Department of Education | [COVID-19 ("Coronavirus") Information and Resources for Schools and School Personnel](https://www.ed.gov/coronavirus)  [Remote Learning: Resources for Educators, Administrators and Related Service Providers](https://www.ed.gov/coronavirus/remote-learning)  [Resources for Learning at Home](https://www.ed.gov/coronavirus/resources-for-learning-at-home)  [Factsheet: Providing Serivces to English Learners During the COVID-19 Outbreak](http://www.doe.mass.edu/covid19/ele/2020-0518usdoe-factsheet.pdf) | Since the beginning of the pandemic, the U.S. Department of Education has posted a wide range of COVID-related resources for educators, administrators, parents and students. Documents include guidance on re-opening schools, remote learning resources, as well as details on supporting English Language Learners (ELL) |
| WestEd | [COVID-19 Resources for Educators](https://www.wested.org/covid-19-resources/)  [Resource Planning for Students with Disabilities During the COVID-19 Pandemic](https://www.wested.org/resources/reallocating-resources-for-all-students-including-students-with-disabilities/) | A nonpartisan, nonprofit research, development, and service agency working with education and other communities throughout the United States and abroad, WestEd aims to improve education and other important outcomes for children, youth and adults |
| xMinds Partnership for Extraordinary Minds | [Updates & Communications](https://xminds.org/MCPS-Communications)  [Re: COVID-19](https://xminds.org/MCPS-Communications) | xMinds is dedicated to supporting the educational experiences and outcomes of students on the autism spectrum in Montgomery County, Maryland |

## Homeschool Programs

*Web version of the table below can be found here:* [*https://www.respectability.org/virtual-education/homeschool-programs*](https://www.respectability.org/virtual-education/homeschool-programs)

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Table 2. Virtual Homeschooling Programs

| Organization | Location | Grade | Accessibility  1. Low Vision/Blind  2. d/Deaf, Hearing Impaired  3. Related Services Offered (If Applicable) | Populations of Students Served (If Applicable) |
| --- | --- | --- | --- | --- |
| [Academica](http://www.academica.org/) | Charter Schools (165; 133 in FL) and 8 other states | K-12 | 1. Navigation=accessible; no alt-text used  2. Some videos have caption and podcasts. Audio voice without video |  |
| [Acellus](https://www.acellusacademy.com/) | Missouri-online accredited for students with disabilities | K-12 | 1. Navigation=accessible; no alt-text used  2. No captions on their videos |  |
| [Aleks](https://www.aleks.com/) | Nationwide online | K-12 | 1. Navigation=accessible; no alt-text used; contains a video-that does not have audio descriptions  2. Instructor training center: Tutorial video and tour video have no captions; only two videos have captions on YouTube. |  |
| [Bridgeway Academy](https://www.homeschoolacademy.com/) | Nationwide Accreditation-Synchronous and Asynchronous Options | PreK-12 | 1. Navigation=Good accessibility, but the graphics/pictures need Alt text  2. No caption on their videos  3. Access to online class | HOPE Project-supports students with learning disabilities (dyslexia, processing disorders autism, ADD, ADHD etc.) |
| [Christa McAuliffe Academy School of Arts and Sciences](https://www.cmasas.org/homeschool) | Nationwide Online Private School | K-5 | 1. Navigation=accessible; no alt-text used  2. Some videos have captions while others do not |  |
| [Connections Academy](https://www.connectionsacademy.com/) | Maryland Public Charter School | K-12 | 1. Navigation=accessible; no alt-text used  2. Video with captions for lessons |  |
| [Curriculum Express](https://www.curriculumexpress.com/) | Pennsylvania; online resources | PreK-12 | 1. Navigation=accessible; no alt-text used  2. No captions with video |  |
| [eAchieve Academy](https://www.eachieve.com/) | Wisconsin Public Charter School | K-12 including students with disabilities | 1. Navigation=accessible; no alt-text used  2. Captions on all videos |  |
| [EBL Coaching](https://eblcoaching.com/) | New York and New Jersey | PreK-12 | 1. Navigation = Accessible;  No Alt Text used  2. Only one video has captions | Specializes in students with learning disabilities |
| [Edgenuity](https://www.edgenuity.com/florida/) | Virtual Instruction Program; FLA | 6-12 | 1. Navigation=accessible; no alt-text used  2. No caption on video on the homepage |  |
| [Edmentum](https://www.edmentum.com/) | Virtual Instruction Program; FLA | 6-12 | 1. Navigation=accessible; no alt-text used  2. Most videos have accessible caption |  |
| [Hidden Sparks](https://www.hiddensparks.org/) | NY-based; National | K-12 | 1. Navigation=accessible; no alt-text used  2. Video has no caption |  |
| [Illinois Virtual School](https://www.ilvirtual.org/) | Illinois supplemental online program-cannot earn diploma | Middle school to high school | 1. Navigation=accessible; no alt-text used  2. No video |  |
| [K12 Online School](https://www.k12.com/) | Nationwide tuition-free online school with accreditation | K-12 | 1. Navigation=accessible; no alt-text used  2. All videos have captions |  |
| [Keystone School Online](https://www.keystoneschoolonline.com/) | Public Charter School | K-12, Adults working on GEDs | 1. Navigation=accessible; no alt-text used  2. Video has captions and also activity resources |  |
| [Laurel Springs](https://laurelsprings.com/) | Nationwide accredited online school-asynchronous learning | K-12 | 1. Navigation=accessible; alt-text used  2. No videos but live chat online  3. Access to online class and program for varies students |  |
| [Learning Essentials](https://learningessentialsedu.com/at-home-with-learning-essentials/) | Homeschool Program providing 20 hours direct/indirect instruction per week | K-6 | 1. Navigation=accessible; alt-text used  2. No videos  3. Access online for tutoring and & IEP | Educational therapists provided to support students with learning disabilities |
| [Mater Virtual Academy](https://www.matervirtualacademy.com/) | Virtual Instruction Program | 6-12 | 1. Navigation is not accessible; for single pictures, alt-text is used; for albums, no alt-text is used  2. No captions on their videos, and in class, all on the computer, with use of headphones |  |
| [North Carolina Virtual School](https://ncvps.org/) | Nationwide Charter School | 6-12 | 1. Navigation=accessible; no alt-text used  2. No video  3. Access to peer tutoring and one-on-one access to teacher to meet IEP requirements |  |
| [North Dakota Distance Learning Education](https://www.ndcde.org/) | North Dakota Accredited Online School | 6-12 | 1. Navigation=accessible; no alt-text used  2. Video has captions |  |
| [Obridge Academy](https://obridgeacademy.com/) | Private School, NY | K-12 | 1. Navigation=accessible; no alt-text used  2. Video has captions |  |
| [Ohio Distance Education and Learning Academy](https://ohdela.com/) | Ohio | K-12 | 1. Navigation=accessible; no alt-text used  2. There is only one video with closed captions on the homepage |  |
| [Orion High School](https://www.orionhs.org/) | Texas Online Accredited Private School | K-12 | 1. Navigation=accessible; no alt-text used  2. No videos |  |
| [Pennsylvania Virtual School](https://www.pavcsk12.org/academics/special-education) | Free Public Charter School | K-12 including students with disabilities | 1. Navigation=accessible; no alt-text used  2. There are two videos with captions |  |
| [Shalom Learning](https://www.shalomlearning.org/about/) | International Jewish Online School-Synchronous Classes Provided | K-7 | 1. Navigation=accessible; no alt-text used  2. Some videos have captions |  |
| [Somerset Virtual Academy](https://www.somersetvirtualacademy.com/) | Florida Accredited Online School | K-12 | 1. Navigation=accessible; no alt-text used  2. No video |  |
| [Summit Learning](https://www.summitlearning.org/) | Provides Curriculum that is Standards-Based in 38 states | 4-12 | 1.Navigation=accessible; no alt-text used  2. Videos include closed captions |  |
| [Time4Learning](https://www.time4learning.com/homeschooling/special-needs/) | Nationwide-not accredited; asynchronous lessons | PreK-12 | 1. Navigation= very accessible with attention to alt-text  2. Videos include captions  3. No services for d/Deaf or hard of hearing students | Supports students with dyslexia, Autism Spectrum Disorders, Down syndrome, ADHD, Auditory Processing Disorder |
| [Virtual Prep Academy](https://virtualpreparatoryacademy.com/) | Tuition-free Full-Time Online Public School; Kern, Los Angeles, San Bernardino, Orange, Riverside and Inyo Counties in CA | K-12 | 1. Navigation=accessible; no alt-text used  2. No video |  |
| [WiloStar 3D](https://wilostar3d.com/) | Nationwide Accredited Online Program | 6-12 including students with disabilities | 1. Navigation=accessible; no alt-text used  2. No videos to check for captioning | Programs for students with Autism Spectrum Disorders and students with learning disabilities |
| [Wisconsin Virtual Academy](https://wiva.k12.com/resources/special-ed-programs.html) | Wisconsin Accredited Online Program | PreK-12 including students with disabilities | 1. Navigation=accessible; no alt-text used  2. Videos include captions |  |

## Additional Virtual Resources

*Web version of the table below can be found here:* [*https://www.respectability.org/virtual-education/additional-virtual-resources*](https://www.respectability.org/virtual-education/additional-virtual-resources)

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Table 3. Additional Virtual Resources

| Organization | Description | Grade | Skills Addressed | Cost |
| --- | --- | --- | --- | --- |
| [Ablenet](https://equalstech3.ablenetinc.com/) | Lessons and activities in language and vocabulary for AAC users and students who benefit from visual support for communication  No videos; All online programs are virtual, including tools, game boards, and numbers | PreK-12 | Communication  Expressive Language  Literacy  Receptive Language  Sentence Building  Vocabulary | Free |
| [Adaptive Worksheets](http://www.adaptiveworksheets.com/mysite3_rebuild/aba/abadefault.html) | Premade adaptive worksheets and generator to create your own adaptive worksheets | PreK-12 | * ABA * Basic Skills * Behavior * Daily Living Skills * Emotions * Geography * Language * Literacy * Math * Science * Sequencing * Social Studies * Sorting   Specials | $12.95/  Month or  $39.95/  Year |
| [American Occupational Therapy Association](https://www.aota.org/~/media/Corporate/Files/Practice/back-to-school/Back-to-School-Guide-Full.pdf) | Resources for supporting back to school safety; additional resource tips for teachers and educators to support students transitioning back to school | PreK-12 | Classroom Setup  Cleaning Equipment  Distance Learning  Masks and Face Coverings  Mental/Behavior Health  Supporting Students with Autism  Transition Back to School Support  Transportation Concerns | Free |
| [Better Lesson](https://betterlesson.com/) | Lesson plans geared toward educators in ELA, math and science | PreK-12 | ELA  Formative Assessment  Instructional Strategies  Math  Routines and Procedures  Science | Free |
| [Boardmaker Online](https://boardmakeronline.com/Login.aspx) | Online interactive activities and printable templates in a variety of subject areas; Activities available in a variety of languages and compatible with assistive technology | PreK-12 | * Assistive Technology * Behavior Support * Communication * Core Curriculum * Life Skills * Literacy * Math * Recreation and Leisure * Science * Social Skills * Social-Emotional   Social Studies | Free or $9.99/ month and  $99/year for personal account |
| [British Council Learning English Kids](http://learnenglishkids.britishcouncil.org/covid-19-support-for-parents) | Activities and games to support speech and language acquisition | PreK-12 | * Listening * Phonemic Awareness * Phonological Awareness * Pronunciation * Sound Recognition * Speaking * Vocabulary | Free |
| [Central Michigan University Literacy Resources](https://www.cmich.edu/colleges/class/Centers/DBCentral/Pages/Literacy.aspx) | Story time readings with ASL, vocabulary videos, and slides highlighting core vocabulary; additional links to accessible literacy sites | PreK-12 | * ASL * Assistive Technology * Braille * Comprehension * Print Awareness * Spelling * Vocabulary | Free |
| [Described and Captioned Media Program](https://dcmp.org/learn/383) | Accessible educational videos in a variety of content areas; English and Spanish audio described and captioning as well as videos with ASL | PreK-12 | Arts  Blind Life  Business  Careers  Counseling and Self-Help  Deaf Life  Deafblind Life  Education  Geography  Health and Safety  History  Home and Family  Language Arts  Literature  Math  Religion, Philosophy and Spirituality  Science  Social Science  Sports and Recreation | Free |
| [E-learning for Kids](https://en.e-learningforkids.org/math/) | Online interactive games and activities for grades K-6 | K-6 | * Computer Skills * Environmental Skills * Health * Language Arts * Life Skills * Math   Science | Free |
| [Epic Books](https://www.getepic.com/) | eBooks available including read alouds, read alongs, learning videos and quizzes; Spanish also available | PreK-5 | STEAM-Aligned Literacy Content  Decoding  Listening  Reading Comprehension  Vocabulary  Word Tracking | 30 Days Free Trial |
| [Explore](https://explore.org/livecams) | Live camera footage and connected lesson plans covering a variety of scientific content areas | PreK-12 | * Art * Geography * Language Arts * Life Cycles * Life Science * Literacy   Math | Free |
| [Global Allied Health](https://www.globalalliedhealth.org/games/articulation.shtml) | Online games and activities for speech and language development | PreK-6 | * Articulation * Categorization * Literacy * Memory * Problem Solving * Pronunciation * Social Skills | Free |
| [Head Start](https://drive.google.com/drive/folders/1e649D0upcMc8Kykkdfx2Vqco9sVMJqbT) | Weekly lessons in six languages for Early Head Start and Head Start; additional resources to support caregivers | Birth-K | Literacy  Math  Movement  Sensory  Science  Toilet Training | Free |
| [HelpKidzLearn](https://www.helpkidzlearn.com/) | More than 100 accessible learning activities, which cater to a wide range of users with severe and complex needs, learning disabilities and are accessible by mouse and keyboard, one or two switches, touch and eye gaze; ChooseItMaker to create your own activities; ReadyMade multi-choice curriculum activities | PreK-12 | Cause/Effect  Choice Making  Eye Gaze/CVI  Literacy  Math  Science  Vision Tracking | Free 14 Day Trial |
| [Lexplore](https://www.lexplore.com/free-resources/) | Multi-Sensory Literacy Activities; geared toward struggling readers and students with literacy-based disabilities; live training webinars for teachers and families | K-5 | Literacy  Phonological awareness  Reading comprehension  Decoding  Fluency  Home learning series  Reading routines | Free |
| [Mommy Speech Therapy](http://mommyspeechtherapy.com/?page_id=55) | Free downloadable activities and worksheets focusing on speech and language development; links to apps to support student speech and language goals | PreK-2 | * Articulation * Blends and digraphs * Consonant sounds * Phonology * Speech sound development * Story Structure practice   Vowel sounds | Free |
| [Mote](https://www.justmote.me/) | Google Chrome extension that enables voice note feedback; available in a variety of languages | PreK-12 | * Accessibility * Assistive Technology * Language | Free with up to 30 seconds of recording; $19/year with up to 90 seconds recording; $49/year with up to 90 seconds recording and voice to text and translation |
| [Mystery Science](https://mysteryscience.com/school-closure-planning) | Mini-lessons and full-length lessons covering a variety of science content for grades K-5 | K-5 | * Chemistry * Energy and Conservation * Geology * Geography * Life Science * Physics * Technology * Weather | Free |
| [National Center on Accessible Educational Materials](http://aem.cast.org/about/aem-center-covid-19-resources.html) | Links to resources and webinars for creating accessible materials and increasing accessibility during distance learning | PreK-12 | * Accessibility * Assistive Technology * Literacy * Math | Free |
| [National Technical Assistance Center on Transition/ Workforce Innovation Technical Assistance Center](https://transitionta.org/toolkit-resources) | Guidance on supporting transition age students with disabilities through virtual learning; based on Webinar “Employment Preparation and Work Based Learning Experiences in a Virtual World” | Transition Age Students | Work-based pre-employment virtual learning experiences  Employer engagement during virtual learning  Remote job shadowing  Online career tours | Free |
| [New2You](https://www.n2y.com/) | Standards-based curriculum, weekly newspaper and communication tools | PreK-12 | Communication  Literacy  Math  Science  Sensory  Social Skills  Social Studies | Free trial; cost varies based on package |
| [Outschool](https://outschool.com/#abkd69q5qh) | Synchronous online classes in a variety of topics and academic subject areas | PreK-12 | Arts  Coding & Tech  English  Health and Wellness  Life Skills  Math  Music  Science & Nature  Social Studies  World Languages | Many free courses, additional courses starting at $10; Free teacher training and webinars |
| [ReadingIQ](https://www.readingiq.com/teachers?fbclid=IwAR172qbkk5z7u2vCZMWYDb_K-c3dlTAtjjFuQVEoYdxp-eF9rKk66eD-na8) | Digital library of leveled books for students in PreK-6th grade; Read to Me books also available; some books available in Spanish | PreK-6 | * Common Core * Decoding * Fluency * Language * Literacy * Listening * Reading Comprehension   Vocabulary | Free 30-day trial;  $7.99/ month |
| [Readworks](https://www.readworks.org/) | Reading passages in a variety of content areas that serve to develop reading comprehension skills; a variety of leveled texts available as well as audio versions | K-12 | * Background Knowledge * Decoding and encoding * Literacy * Reading comprehension * Vocabulary | Free |
| [San Diego County Office of Education (SDCOE)](https://sites.google.com/innovatesd.org/distancelearning?fbclid=IwAR1y11yO023I19SzBnskCGDlk0iBjQvxEYn3qbsPGmS9C2HFmCvGSEhlpJ0)  [Distance Learning Units of Study](https://sites.google.com/innovatesd.org/distancelearning?fbclid=IwAR1y11yO023I19SzBnskCGDlk0iBjQvxEYn3qbsPGmS9C2HFmCvGSEhlpJ0) | Thematic units organized by grade level for general education and special education | K-12 | Arts  Communication  Literacy  Math  Science  Social Studies  Technology | Free |
| [Sensus Access](https://www.sensusaccess.com/welcome-sensusaccess) | Resource to convert documents into a range of alternate media | PreK-12 | * Accessibility * Assistive Technology   Literacy | Free |
| [Signing Time](https://www.signingtime.com/) | Videos, activities, learning guides and music teaching American Sign Language (ASL) | PreK-6 | **ASL instruction in a variety of content areas including:**  Communication  Life Skills  Movement  Music  Science  Sight Words  Social-Emotional Skills  Vocabulary | Free/ Additional Materials for Purchase |
| [Special Olympics. Fit 5](https://resources.specialolympics.org/health/fitness/fit-5) | Adaptive sports and fitness activities presented in a set of cards and with demonstration videos; guide and cards available in English, Spanish, French, Chinese, Russian and Arabic | PreK-12 | * Adaptive Physical Education * Fitness * Health and Wellness * Movement * Nutrition | Free |
| [Tarheel Reader](https://tarheelreader.org/) | Free eBooks in more than 15 languages; can be speech-enabled for Deaf and hard of hearing and background modified for low vision and CVI; compatible with touch screens, the IntelliKeys with custom overlays, and 1 to 3 switches | PreK-12 | Content-based Literacy  Health and Wellness  Life Skills  Math  Music  Reading Comprehension  Science & Nature  Social Studies  Vocabulary | Free |
| [Tourette Association of America-Preparing for the 2020-2021 School Year](https://tourette.org/preparing-for-the-2020-2021-school-year/) | Videos and written strategies to support individuals with Tourette syndrome transition into the 2020-2021 school year | PreK-12 | * Advocacy * Behavior Support * Communication * Home-School Collaboration * Mental Health   Social-Emotional Support | Free |
| [Typing Club](https://www.typingclub.com/sportal/program-3.game) | Video modules covering basic typing skills | 2-8 | * Technology * Typing | Free |
| [University of Florida Literacy Institute](https://education.ufl.edu/ufli/virtual-teaching/main/) | Instructional activities and lessons to support literacy development for students in K-5th grade | K-5 | * Behavior Support * Connected Text * Decoding and encoding * High Frequency Words * Phonemic Awareness * Phoneme-Grapheme Correspondence * Vocabulary * Writing | Free |
| [Wide Open School](https://wideopenschool.org/) | Resources for families and educators in curriculum and at-home learning | PreK-12 | Arts  Back to School Guide  Digital Citizenship  Daily Schedule  ELA  Math  Movement  Science  Social Studies  Social-Emotional  Supports for English Language Learners  Supports for Learning and Thinking Differences  Virtual Field Trips | Free |

## Social-Emotional/Mental Health Resources

*Web version of the table below can be found here:* [*https://www.respectability.org/virtual-education/social-emotional-and-mental-health-resources*](https://www.respectability.org/virtual-education/social-emotional-and-mental-health-resources)

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Table 4. Social-Emotional/Mental Health Resources

| Organization | Description | Grade | Skills Addressed | Cost |
| --- | --- | --- | --- | --- |
| [Centervention](https://www.centervention.com/social-emotional-learning-activities/) | Games and activities available online and for download addressing social skills and emotion regulation | K-6 | Communication  Cooperation  Emotion Regulation -Empathy  Impulse Control  Social Initiation | Free/additional resources for purchase $10 per program for a year |
| [Child Mind Institute](https://childmind.org/topics-a-z/) | Resources for parents in supporting student mental health, behavior management, and social-emotional skills | PreK-12 | Support for students with specific disorders  Support for managing behaviors  Support for responding to trauma | Free |
| [Cincinnati Children’s](https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources/mental-emotional-health) | Resources include coping with stress and anxiety, changing thought patterns, relaxation tools, physical symptoms, behavior management, internet safety, grief tools and general mental health; includes links to daily live virtual events | PreK-12 | Anxiety  Behavior Management  Breathing Techniques  Cognitive Behavioral Therapy Tools  Coping Skills  Grief  Internet Safety  Pain Management  Social-Emotional Learning  Relaxation | Free |
| [CloseGap](https://www.closegap.org/) | Resources in guiding students, families and educators in emotion regulation with a daily emotion tracking tool | PreK-12 | Bullying Prevention  Emotion Regulation  Self-Awareness | Free |
| [Collaborative for Academic, Social, and Emotional Learning (CASEL)](https://selproviders.casel.org/sel-resources/) | Lessons, activities and tools for families, educators and students | PreK-12 | Self-Awareness  Self-Management  Social Awareness  Relationship Skills  Responsible Decision Making | Free |
| [Connecticut Children’s](https://www.connecticutchildrens.org/wp-content/uploads/2020/04/Helping-Your-Family-Cope-with-COVID-Resources.pdf) | Contents include how to talk to children about COVID-19, how to address parent/caregiver needs, building resilience in children and Appendix A for parent/caregivers of children with special needs and Appendix B containing educational resources | PreK-12 | Anxiety  Depression  Resilience  Self-Care  Sleep  Stress Management | Free |
| [Crisis Text Line](https://www.crisistextline.org/) | Support via text messaging for individuals in crisis  Text HOME to 741741 | All Ages | Anxiety  Bullying  Coronavirus Support  Crisis Support  Depression  Emotional Abuse  Loneliness  Self-Harm  Suicidal Ideation | Free |
| [GritX](https://gritx.org/) | Virtual interactive tools for emotion regulation and self-care, recommended literature for further learning | PreK-12 | Emotion Regulation  Meditation  Self-Reflection  Self-Care | Free |
| [Minnesota Department of Health](https://www.health.state.mn.us/communities/mentalhealth/children) | Resources for supporting children’s mental health, caregiver mental health and tools and resources for remote instruction | PreK-12 | Bedtime Routine  Coping Skills  Educational Tools  Mental Health Well-Being  Scheduling Routine  Stress Management | Free |
| [National Association of School Psychologists](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/covid-19-resource-center/family-and-educator-resources) | Resources to support schools and educators, families and caregivers and addressing social-emotional skills at home | PreK-12 | Anxiety  Care for Caregivers  Coping Skills  Crisis  Depression  Engagement  Grief  Motivation  Sleep  Stigma and Racism  Suicidal thinking | Free |
| [National Federation of Families for Children's Mental Health (NFFCMH)](https://www.ffcmh.org/covid-19-resources-for-parents) | The National Federation of Families for Children’s Mental Health is a national family-run organization linking more than 120 chapters and state organizations. Resources include videos, toolkits, activities to use at home and more to support parents and caregivers and their children during the COVID-19 pandemic. | K-12 | Self-Care and Coping with Stress/Anxiety  Communications  Coping | Free |
| [National Suicide Prevention Lifeline](https://suicidepreventionlifeline.org/) | 24/7, free and confidential support for individuals in distress  English:  (800) 273-8255  Spanish:  (888) 628-9454  TTY:  (800) 799-4889 | All Ages | Crisis Management  Self-Care  Trauma Support | Free |
| [San Diego County Behavioral Health Services](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/covid19_resources.html) | Family-friendly resources to address impacts of COVID-19, including a comic book explaining the Coronavirus, educational resources, videos, mindfulness meditation and yoga; Available in Arabic, Creole, Farsi, Karen, Pashto, Somali, Spanish, Swahili and Vietnamese | PreK-12 | Coping skills  Crisis Support  Educational Supports  Meditation  Mindfulness  Resilience  Stress Relief  Trauma  Yoga | Free |
| [Second Step](https://www.secondstep.org/covid19support) | Family-friendly activities that address social-emotional learning | K-6 | Conflict Resolution  Identifying Emotions  Perspective Taking  Problem Solving  Self-Regulation | Free |
| [Social Thinking](https://www.socialthinking.com/free-stuff) | Social emotional support strategies presented in read aloud books and thinksheets, video lessons, webinars and articles | PreK-6 | * Behavior Support * Emotion Regulation * Listening * Social Awareness   Social-Emotional Development | Free |
| [Transforming Education](https://www.transformingeducation.org/resources/for-parents/) | Variety of toolkits and resources to support student social-emotional development and mental health | PreK-12 | * Growth Mindset * Self-Efficacy * Self-Management * Social Awareness * Social-Emotional Learning * Trauma-Informed Learning | Free |
| [Trauma Response And Crisis Care (TRACC)](https://www.tracc4movements.com/covid-19-community-care) | Interactive webinars and resources to support individuals experiencing trauma | All Ages | Anger  Crisis Support  Fear  Grief  Stress  Trauma | Free/Additional on demand 4-week course for $49 |

## Live Synchronous Learning\* Opportunities

\***Live Synchronous Learning**: “Synchronous learning refers to all types of learning in which learner(s) and instructor(s) are in the same place, at the same time, in order for learning to take place.”- [Bryn Mawr College](https://www.brynmawr.edu/blendedlearning/asynchronous-vs-synchronous-learning-quick-overview)

*Web version of the table below can be found here:* [*https://www.respectability.org/virtual-education/live-synchronous-learning-opportunities*](https://www.respectability.org/virtual-education/live-synchronous-learning-opportunities)

*\*\*\* The materials contained in these resources are the intellectual property of that organization. \*\*\**

***Disclaimer:*** *Inclusion in this resource guide does not indicate endorsement of its program or content.*

*RespectAbility has no financial stake in any of these resources. Programs that already occurred remain in this guide as these organizations may offer future opportunities of interest and we want you to have these resources.*

Table 5. Live Synchronous Learning

| Organization | Website | Description | Contact | Contact Information | Cost |
| --- | --- | --- | --- | --- | --- |
| Cincinnati Children’s | [Coronavirus Resources for Families Virtual Event Calendar](https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources/virtual-events) | Daily live events in STEM, literature & language, arts and creativity, fitness and nutrition, social studies, and mental and emotional health | Varies by event-check specific links | Varies by event-check specific links | Free |
| Dreams for Kids DC | [Weekly Adaptive Activities](https://www.eventbrite.com/o/dreams-for-kids-dc-4251397915) | Free weekly Saturday activities for children in a variety of content areas | Glenda Fu Smith | [GFu@dreamsforkids.org](mailto:GFu@dreamsforkids.org) | Free |
| Perkins School for the Blind | [Virtual Elementary Program](https://www.perkins.org/get-involved/events/virtual-elementary?fbclid=IwAR0V2dw9WkTOIjlLwx9MB2OefGVK-IgSoZoZN1G4mwukTlx431qSKHc9lxw) | One-week program from August 10-14, 3-4pm ET for students ages 8-13 who are blind or low vision | Courtney Wescott, Coordinator of Outreach Short Courses | [Courtney.Wescott@perkins.org](mailto:Courtney.Wescott@perkins.org) | $100 |
| Southeast Deafblind Project | [Family Story Time](https://forms.office.com/Pages/ResponsePage.aspx?id=DQSIkWdsW0yxEjajBLZtrQAAAAAAAAAAAAMAACjXpDFUOEE0UUpGVzE4WkI5S1VaTk0zMzVKQjZZWi4u&fbclid=IwAR1mpnhNeJZyF7IQ6r7oaeWkc452Pz9BJ15Ggjq_zucTDpbs39h7iZva-qo) | Weekly live story time (8/27-10/15) for students who are registered on their state's Deafblind Project | Donna Carpenter, State Coordinator Kentucky Deaf-Blind Project | [donnaL.snyder@uky.edu](mailto:donnaL.snyder@uky.edu) | Free |
| Special Needs Network | [Joe Patton Academy Virtual Summer Camp](https://snnla.org/our-events/jpac10/) | Two one-week session camps August 3-14 (M-F) 9am-1pm PT; beginner, intermediate & advanced cohorts | Julia Chavez | [jpac@specialneednetwork.org](mailto:jpac@specialneednetwork.org)  (323) 388-9161 | Free |
| University of Central Florida Center for Autism & Related Disabilities | [Providing Autism Links and Supports (PALS) Calendar](https://pals-ucfcard.org/calendar/) | Calendar of events for students on the Autism Spectrum; Live webinars for families and professionals |  | [Pals.florida@gmail.com](mailto:PALS.FLORIDA@GMAIL.COM) | Vary by event |

## State Parent Centers’ COVID-19 Resource Website Links

*A* ***Parent Resource Center*** *is a government-sponsored free resource for parents of children with disabilities. Below is state-by-state contact information where you can get free support as you navigate this challenging situation.*

*Web version of the table below can be found here:* [*https://www.respectability.org/virtual-education/state-parent-centers-covid-19-resource-website-links*](https://www.respectability.org/virtual-education/state-parent-centers-covid-19-resource-website-links)

Table 6. State-Specific Parent Centers’ COVID-19 Resource Website Links

| State | Contact Information | Website |
| --- | --- | --- |
| AL – Alabama Parent Education Center | 10520 US Highway 231 Wetumpka, AL 36092  [apec@alabamaparentcenter.com](mailto:apec@alabamaparentcenter.com)  334-567-2252 | [http://alabamaparentcenter.com/ web/resources/useful-websites](http://alabamaparentcenter.com/%20web/resources/useful-websites/) |
| AK – Stone Soup Group | 307 E Northern Lights Blvd #100 Anchorage, AK 9950  [info@stonesoupgroup.org](mailto:info@stonesoupgroup.org)  907-561-3701 | www.stonesoupgroup.org /resources-for-families |
| AK – Links Resource Center Community Parent Resource Center | 777 N. Crusey Street  Wasilla, AK 99654  [links@linksprc.org](mailto:links@linksprc.org)  907-373-3632 | [http://linksprc.org/covid-19-resources](http://linksprc.org/covid-19-resources/) |
| AZ – Raising Special Kids | 5025 E. Washington St. #204 Phoenix, AZ 85034  [info@raisingspecialkids.org](mailto:info@raisingspecialkids.org)  602-242-4366 | [https://raisingspecialkids.org](https://raisingspecialkids.org/) |
| AR – The Center for Exceptional Families | 1702 Stone Street, Suite A Jonesboro, Arkansas 72401  [shelby.knight@tcfef.org](mailto:shelby.knight@tcfef.org)  888-360-9654 | [http://thecenterforexceptionalfamilies.org](http://thecenterforexceptionalfamilies.org/) |
| CA – Disability Rights Education & Defense Fund | 3075 Adeline Street, Suite 210 Berkeley, CA 94703 [info@dredf.org](mailto:info@dredf.org)  510-644-2555 | [https://dredf.org/covid-19-advocacy-and-resources](https://dredf.org/covid-19-advocacy-and-resources/) |
| CA – Matrix Parent Network & Resource Center | 94 Galli Drive, Ste. C.  Novato, CA 94949 [helpline@matrixparents.org](mailto:helpline@matrixparents.org)  415-884-3535 | www.matrixparents.org /resources/covid-19-updates |
| CA – Parents Helping Parents | 1400 Parkmoor Av Ste 100,  San Jose, CA 95126  [info@php.com](mailto:info@php.com)  408-286-1116 | [www.php.com](https://www.php.com/) |
| CA – TASK | 3040 Saturn St., #103  Brea, CA 92821  [task@taskca.org](mailto:task@taskca.org)  714-533-8275 | [https://taskca.org/resources](https://taskca.org/resources/) |
| CA – Warmline Family Resource Center | 2424 Castro Way,  Sacramento, CA 95818 [warmline@warmlinefrc.org](mailto:warmline@warmlinefrc.org)  916-455-9500 | [www.warmlinefrc.org/covid-19-resources.html](http://www.warmlinefrc.org/covid-19-resources.html) |
| CA – San Francisco: Support for Families | 1663 Mission Street, Suite 700 San Francisco, CA 94103  [info@supportforfamilies.or](mailto:info@supportforfamilies.orG)g  415-920-5040 | [www.supportforfamilies.org/ coronavirusresources](https://www.supportforfamilies.org/%20coronavirusresources) |
| CA – Parents CAN Community Parent Resource Center | 1909 Jefferson Street Napa, California 94559 [parents@parentscan.org](mailto:parents@parentscan.org)  707-253-7444 | <https://parentscan.org/resources-for-covid-19/overview.html> |
| CO – PEAK Parent Center | 917 East Moreno Avenue, Suite 140 Colorado Springs, CO 80903 [parentadvisor@peakparent.org](mailto:parentadvisor@peakparent.org) 719-531-9400 | [www.peakparent.org](https://www.peakparent.org/) |
| CT – Connecticut Parent Advocacy Center | 338 Main Street,  Niantic, CT 06357 [cpac@cpacinc.org](mailto:cpac@cpacinc.org)  860-739-3089 | <https://cpacinc.org/whats-new.aspx> |
| DE – Parent Information Center of Delaware | 404 Larch Circle  Wilmington, DE 19804  [picofdel@picofdel.org](mailto:picofdel@picofdel.org)  302-999-7394 | [https://picofdel.org/2020-2](https://picofdel.org/2020-2/) |
| DC – Advocates for Justice and Education | 1200 G Street, NW Suite #725 Washington, D.C. 20005  [maria.blaeuer@aje-dc.org](mailto:maria.blaeuer@aje-dc.org)  202-678-8060 | [www.aje-dc.org](https://www.aje-dc.org/) |
| FL – Florida Network on Disabilities | 26750 U.S. Highway  19 North, Suite 410  Clearwater, Fl 33761  [fnd@fndusa.org](mailto:fnd@fndusa.org)  727-523-1130 | [https://fndusa.org/esedownload /coronavirus-prevention-resources-for-families](https://fndusa.org/esedownload%20/coronavirus-prevention-resources-for-families/) |
| GA – Parent to Parent of Georgia | 3070 Presidential Parkway,  Suite 130 Atlanta, GA 30340-3720  [info@p2pga.org](mailto:info@p2pga.org)  770-451-5484 | [www.p2pga.org/uncategorized/ p2p-roadmap-has-covid-19-information-resources](https://www.p2pga.org/uncategorized/%20p2p-roadmap-has-covid-19-information-resources/) |
| HI – Leadership in Disabilities and Achievement of Hawaii | 245 North Kukui Street Suite 205 Honolulu, HI 96817 [info@ldahawaii.org](mailto:info@ldahawaii.org)  808-536-9684 | [https://ldahawaii.org/category/covid-19-resources](https://ldahawaii.org/category/covid-19-resources/) |
| ID – Idaho Parents Unlimited, Inc. | 4619 W Emerald St, Ste. E  Boise, ID 83706 [parents@ipulidaho.org](mailto:parents@ipulidaho.org)  208-342-5884 | <https://ipulidaho.org/covid-19-information> |
| IL – Family Matters PTI | 1901 S. 4th St., Ste. 209 Effingham, Illinois 62401  [deinhorn@fmptic.org](mailto:deinhorn@fmptic.org)  1-866-436-7842 | [www.fmptic.org/node/4453](https://www.fmptic.org/node/4453) |
| IL – Chicago Family Resource Center on Disabilities | 11 E. Adams St. Suite 1002 Chicago, IL 60603  [info@frcd.org](mailto:info@frcd.org)  312-939-3513 | [https://frcd.org/covid-19-resource-page](https://frcd.org/covid-19-resource-page/) |
| IN – IN\*SOURCE | 1703 South Ironwood Drive South Bend, Indiana 46613 [insource@insource.org](mailto:insource@insource.org)  574-234-7101 | [http://insource.org/resources/coronavirus-outbreak-information](http://insource.org/resources/coronavirus-outbreak-information/) |
| IA – ASK Resource Center | 5665 Greendale Road, Suite D, Johnston, IA 50131 [info@askresource.org](mailto:info@askresource.org)  515-243-1713 | [www.askresource.org/news/helpful-covid-19-resources](http://www.askresource.org/news/helpful-covid-19-resources) |
| KS – Families Together | 5611 SW Barrington Court South, Suite 120  Topeka, KS 66614-2489 [Topeka@familiestogetherinc.org](mailto:Topeka@familiestogetherinc.org) 785-233-4777 | https://familiestogetherinc.org /?s=COVID+19 |
| KY – KY-SPIN | 10301-B Deering Rd  Louisville, KY 40272  [spininc@kyspin.com](mailto:spininc@kyspin.com)  502-937-6894 | [www.kyspin.com/coronavirus-covid-19](https://www.kyspin.com/coronavirus-covid-19/) |
| LA – Louisiana PTI/Families Helping Families | 700 Hickory Ave  Harahan, LA 70123  [info@fhofgno.org](mailto:info@fhofgno.org)  504-888-9111 | <https://fhfofgno.org/covid-19-resources> |
| MD – Parents Place of Maryland | 802 Cromwell Park Drive Suite Q Glen Burnie, MD 21061  [jill@ppmd.org](mailto:jill@ppmd.org)  410.768.9100 | [www.ppmd.org/?s=COVID](https://www.ppmd.org/?s=COVID) |
| ME – Maine Parent Federation | 484 Maine Ave. 2D  Farmingdale, ME 04344 [parentconnect@mpf.org](mailto:parentconnect@mpf.org)  207-588-1933 | <http://mpf.org/documents/COVID-19_Resources.pdf> |
| MA – Federation for Children with Special Needs | 529 Main Street, Suite 1M3 Boston, MA 02129 [fcsninfo@fcsn.org](mailto:fcsninfo@fcsn.org)  617-236-7210 | [https://fcsn.org/faqs-new-test](https://fcsn.org/faqs-new-test/) |
| MI – Michigan Alliance for Families | 1325 S. Washington Avenue Lansing MI 48910  [Info@michigan allianceforfamilies.org](mailto:Info@michiganallianceforfamilies.org)  734-994-8100 ext 1590 | www.michiganallianceforfamilies.org /covid19 |
| MN – PACER Center | 8161 Normandale Blvd. Bloomington, MN 55437  [pacer@pacer.org](mailto:pacer@pacer.org)  952-838-9000 | [www.pacer.org/special/covid-19.asp](https://www.pacer.org/special/covid-19.asp) |
| MS – Mississippi PTI | 2 Old River Place, Suite M Jackson, MS 39202  [info@mspti.org](mailto:info@mspti.org)  601-969-0601 | [www.mspti.org](http://www.mspti.org/) |
| MO – MPACT (Missouri Parents Act) | 1530 S Main St Suite 4  Joplin, MO 64804 [info@missouriparentsact.org](mailto:info@missouriparentsact.org) 800-743-7634 | [www.missouriparentsact.org/covid-19-crisis-resources-2](https://www.missouriparentsact.org/covid-19-crisis-resources-2/) |
| MT – Montana Parent Training & Information Center (PTI) | [mpti@MontanaPTI.org](mailto:mpti@MontanaPTI.org)  1-877-870-1190 | [www.montanapti.org/web/ index.php?siteid=2832](http://www.montanapti.org/web/%20index.php?siteid=2832) |
| NE – PTI Nebraska (Parent Training and Information) | 1941 S. 42nd St. Suite 205 Omaha, NE 68105 [reception@pti-nebraska.org](mailto:reception@pti-nebraska.org) 402-346-0525 | [www.pti-nebraska.org](https://www.pti-nebraska.org/) |
| NV – Nevada PEP | 7211 W. Charleston Blvd.  Las Vegas, Nevada 89117 [PEPInfo@NVPEP.org](mailto:PEPInfo@NVPEP.org)  702-388-8899 | [https://nvpep.org/helpful-covid-19-resources](https://nvpep.org/helpful-covid-19-resources/) |
| NH – New Hampshire Parent Information Center | 54 Old Suncook Road  Concord, NH 03301  [info@picnh.org](mailto:info@picnh.org)  603-224-7005 | [https://picnh.org/resources/covid19](https://picnh.org/resources/covid19/) |
| NJ – SPAN Parent Advocacy Network | 35 Halsey Street, 4th Floor Newark, NJ 07102 [info@spanadvocacy.org](mailto:info@spanadvocacy.org)  973-642-8100 | [https://spanadvocacy.org/home/spans-covid-19-information-page](https://spanadvocacy.org/home/spans-covid-19-information-page/) |
| NM – Parents Reaching Out | 2501 Yale Blvd SE, Suite 200 Albuquerque, NM 87106  [nsandweiss@ parentsreachingout.org](mailto:nsandweiss@parentsreachingout.org)  505-247-0192 | [https://parentsreachingout.org](https://parentsreachingout.org/) |
| Native American – EPICS Community Parent Resource Center | 2201 Buena Vista Dr. SE,  Suite 201,  Albuquerque, NM 87106  [melissaw@epicsnm.org](mailto:melissaw@epicsnm.org) [sbegay@epicsnm.org](mailto:sbegay@epicsnm.org)  888-499-2070 | <https://cv.nmhealth.org/>  [https://www.epicsnm.org](https://www.epicsnm.org/) |
| NY – Advocates for Children of NYC | 151 West 30th Street, 5th Floor New York, NY 10001 [info@advocatesforchildren.org](mailto:info@advocatesforchildren.org) 212-947-9779 | www.advocatesforchildren.org /covid-19-updates |
| NY – INCLUDEnyc | 116 E. 16th Street 5th floor  New York, NY 10003 [info@includenyc.org](mailto:info@includenyc.org)  212-677-4650 | [www.includenyc.org/content/covid-19-resources](https://www.includenyc.org/content/covid-19-resources) |
| NY – Sinergia | 2082 Lexington Ave, 4th Floor, New York, NY 10035  [intake@sinergiany.org](mailto:intake@sinergiany.org)  212-643-2840 | [www.sinergiany.org/news/update-about-covid-19-and-sinergias-programs](https://www.sinergiany.org/news/update-about-covid-19-and-sinergias-programs) |
| NY – Parent Network of Western New York | 1000 Main Street  Buffalo, NY 14202 [info@parentnetworkwny.org](mailto:info@parentnetworkwny.org)  716-332-4170 | [https://parentnetworkwny.org/useful-covid-19-links](https://parentnetworkwny.org/useful-covid-19-links/) |
| NY – Long Island Advocacy Center | 999 Herricks Rd.  New Hyde Park, NY 11040  [info@theliac.org](mailto:info@theliac.org)  516-248-2222 | <https://theliac.org/updates-covid-19> |
| NY – Queens /Korean Families: CIDA Community Parent Resource Center | 38-50 Bell Blvd. Suite A2, Bayside, NY 11361 [cida@cidainfo.com](mailto:cida@cidainfo.com)  718-224-8197 | [https://cidainfo.com/nys-covid-19-resources-articles](https://cidainfo.com/nys-covid-19-resources-articles/) |
| NC – Exceptional Children’s Assistance Center | 907 Barra Row Suites 102, 103 Davidson, NC 28036  [ecac@ecacmail.org](mailto:ecac@ecacmail.org)  800-962-6817 | [www.ecac-parentcenter.org/covid-19-resources](https://www.ecac-parentcenter.org/covid-19-resources/) |
| ND – Pathfinder Services of North Dakota | 1015 S. Broadway, Suite 16 - Minot, ND 58701 [info@pathfinder-nd.org](mailto:info@pathfinder-nd.org)  701-837-7500 | [www.pathfinder-nd.org/index.php ?option=com\_k2&view=item &id=1066&Itemid=138](http://www.pathfinder-nd.org/index.php%20?option=com_k2&view=item%20&id=1066&Itemid=138) |
| OH – Ohio Coalition for the Education of Children with Disabilities | 165 W. Center St., Suite 302 Marion, OH 43302  [ocecd@ocecd.org](mailto:ocecd@ocecd.org)  740-382-5452 | [www.ocecd.org/2020info.aspx](https://www.ocecd.org/2020info.aspx) |
| OK – Oklahoma Parents Center | 223 N Broadway St,  Holdenville, OK 74848  [info@oklahomaparentscenter.org](mailto:info@oklahomaparentscenter.org)  405-379-6015 | https://oklahomaparentscenter.org /resources-for-distance-learning |
| OR – FACT Oregon | 2475 SE Ladd Ave. Suite 430 Portland, OR 97214  [support@factoregon.org](mailto:support@factoregon.org)  503-786-6082 | [https://factoregon.org/covid-19-response-and-resources](https://factoregon.org/covid-19-response-and-resources/) |
| PA – PEAL Center | 2325 East Carson St, Suite 100A Pittsburgh, PA 15203  [info@pealcenter.org](mailto:info@pealcenter.org)  412-281-4404 | [https://pealcenter.org/peals-covid-19-resource-page](https://pealcenter.org/peals-covid-19-resource-page/) |
| PA – HUNE | 2215 N American St.  Philadelphia, PA 19133  [contactus@huneinc.org](mailto:contactus@huneinc.org)  215-425-6203 | [www.huneinc.org/covid-19-info-resources](https://www.huneinc.org/covid-19-info-resources) |
| PA – Mission Empower | 1611 Peach Street Suite #120 Erie, PA 16501 [info@missionempower.org](mailto:info@missionempower.org)  814-825-0788 | [https://missionempower.org/updates-and-resources-regarding-covid-19](https://missionempower.org/updates-and-resources-regarding-covid-19/) |
| RI – Rhode Island Parent Information Network | 300 Jefferson Blvd. Suite 300 Warwick, RI 02888  [info@ripin.org](mailto:info@ripin.org)  401-270-0101 | [https://ripin.org/covid-19-resources](https://ripin.org/covid-19-resources/) |
| SC – Family Connection South Carolina | 1800 St. Julian Place, Suite 104 Columbia, SC 29204  [info@familyconnectionsc.org](mailto:info@familyconnectionsc.org)  1-800-578-8750 | [www.familyconnectionsc.org/virus](https://www.familyconnectionsc.org/virus/) |
| SC – Family Resource Center for Disabilities & Special Needs Community Parent Resource Center | 1575 Savannah Highway, Ste. 6 Charleston 29407  [frc@frcdsn.org](mailto:frc@frcdsn.org)  843-266-1318 | [http://frcdsn.org/home/covid-19-updates-resources](http://frcdsn.org/home/covid-19-updates-resources/) |
| SD – South Dakota Parent Connection | 3701 W 49th Street  Sioux Falls, SD 57106  [sdpc@sdparent.org](mailto:sdpc@sdparent.org)  605-361-3171 | <https://sdparent.org/news> |
| TN – STEP Tennessee | 2157 Madison Ave., Ste. 204 Memphis, TN 38104 [information@tnstep.org](mailto:information@tnstep.org)  423-639-0125 | [https://tnstep.org/resource-links](https://tnstep.org/resource-links/) |
| TX – Parents Resource Network | 1090 Longfellow Drive Beaumont, TX 77706  [partnersresource@sbcglobal.net](mailto:partnersresource@sbcglobal.net)  409-898-4684 | [https://prntexas.org/coronavirus-disease-2019-covid-19](https://prntexas.org/coronavirus-disease-2019-covid-19/) |
| UT – Utah Parent Center | 230 West 200 South, Suite 1101 Salt Lake City, UT 84101 [info@utahparentcenter.org](mailto:info@utahparentcenter.org)  801-272-1051 | [https://utahparentcenter.org/covid-19-resources-to-stay-healthy](https://utahparentcenter.org/covid-19-resources-to-stay-healthy/) |
| VT – Vermont Family Network | 600 Blair Park Rd, Ste 240 Williston, VT 05495  [info@vtfn.org](mailto:info@vtfn.org)  1-800-800-4005 | www.vermontfamilynetwork.org /events-news/covid-19-updates |
| VI – Disability Rights Center of the US Virgin Islands | 63 Cane Carlton  Frederiksted, VI 00840 [info@drcvi.org](mailto:info@drcvi.org)  340-772-1200 | <https://drcvi.org/resources/resources-on-covid-19-in-the-u-s-virgin-islands> |
| VA – Parent Educational Advocacy Training Center (PEATC) | 8003 Forbes Place Suite 310 Springfield, VA 22151  [partners@peatc.org](mailto:partners@peatc.org)  703-923-0010 | [www.peatc.org/newsmanager /news\_article.cgi?news \_id=992&no\_popup=0](https://www.peatc.org/newsmanager%20/news_article.cgi?news%20_id=992&no_popup=0) |
| VA – Foster Families: Formed Families Forward | 4031 University Dr., Suite 100, Fairfax, VA 22030 [Info@FormedFamilies Forward.org](mailto:Info@FormedFamiliesForward.org)  703-539-2904 | https://formedfamiliesforward.org /resources-for-families-during-covid-19 |
| WA – PAVE | 6316 So. 12th St.  Tacoma, WA 98465 [pave@wapave.org](mailto:pave@wapave.org)  253-565-2266 | <https://wapave.org/?s=COVID+19> |
| WA – Open Doors for Multicultural Families | 24437 Russell Rd., Suite # 110 Kent, WA 98032 [info@multiculturalfamilies.org](mailto:info@multiculturalfamilies.org) 253-216-4479 | [www.multiculturalfamilies.org/ resources/covid-19-resources](https://www.multiculturalfamilies.org/%20resources/covid-19-resources/) |
| WI – Wisconsin Family Assistance Center for Education, Training & Support (FACETS) | 600 W. Virginia Street, Suite 501 Milwaukee, Wisconsin 53204  [wifacets@wifacets.org](mailto:wifacets@wifacets.org)  414-374-4645 | <https://wifacets.org/links> |
| WV – West Virginia Parent Training and Information, Inc. (WVPTI) | 99 Edmiston Way Suite 101-102 Buckhannon, WV 26201 [wvpti@aol.com](mailto:wvpti@aol.com)  304-472-5697 | [www.wvpti-inc.org/news/Default.aspx #specialResources](http://www.wvpti-inc.org/news/Default.aspx%20#specialResources) |
| WY – Wyoming Parent Information Center | 2232 Dell Range Blvd, Suite 204 Cheyenne WY 82009  [info@wpic.org](mailto:info@wpic.org)  307-684-2277 | [www.wpic.org/publications/67-covid-19](http://www.wpic.org/publications/67-covid-19) |

## Legal Rights and Special Education Resources

No matter how COVID-19 is changing the face of education, students with disabilities still have a legal right to free, appropriate, public education. The Individuals with Disabilities Education Act (IDEA) and Section 504 of the Rehabilitation Act of 1973, as amended, is still the law of the land even if your local school has made the switch to remote learning and virtual education.

However, there still will be circumstances where you need to advocate for your or your student’s right to special education. While that may be a daunting prospect on top of everything that is going on in the world today, there are a wide range of resources, special education attorneys and organizations dedicated to protecting your legal rights. Below is a list of several of the most important avenues for ensuring you or your student’s legal right to special education.

*Web version of the table below can be found here:* [*https://www.respectability.org/virtual-education/legal-rights-and-special-education-resources*](https://www.respectability.org/virtual-education/legal-rights-and-special-education-resources)

*\*\*\* The materials contained in these resources are the intellectual property of that organization. \*\*\**

***Disclaimer:*** *Inclusion in this resource guide does not indicate endorsement of its program or content.*

*RespectAbility has no financial stake in any of these resources.*

Table 7. Legal Rights Resources

| Organization | Resources | Description |
| --- | --- | --- |
| Council of Parent Attorneys and Advocates (COPAA) | [Find a Professional (Special Education Attorneys)](http://connect.copaa.org/network/find-a-professional)  [For Students and Families (Peer-to-Peer Network)](https://www.copaa.org/page/studentsandfamilies)  [Join the COPAA Community](https://www.copaa.org/login.aspx?authtoken=EF3F4A47-3CFB-4566-886B-F0AA000FED11&persist=0&returl=https%3A%2F%2Fconnect%2Ecopaa%2Eorg%2Fcommunities%2Fmycommunities) | The Council of Parent Attorneys and Advocates (COPAA) is an independent, nonprofit composed of attorneys, advocates, parents and related professionals. If you need to find a special education attorney or an advocate to help your student, COPAA maintains a network of professionals who are there to help. |
| Disability Rights Education and Defense Fund (DREDF) | [Special Education](https://dredf.org/special-education/)  [Local Resources. (Alameda, Contra Costa, and San Joaquin counties)](https://dredf.org/special-education/special-education-resources/alameda-contra-costa-and-san-joaquin-counties-special-education-contacts/)  [CA Parent Training and Information (PTI) Centers](https://dredf.org/wp-content/uploads/2012/09/PTI_CA_090108.pdf)  [The IEP Cycle](https://dredf.org/special-education/special-education-resources/the-iep-cycle/) | Nationally, Disability Rights Education and Defense Fund (DREDF) has been at the forefront of legal efforts to protect special education since 1979. DREDF also operates as a Parent Training and Information Center (PTI) for Alameda, Contra Costa, and San Joaquin counties in California. |
| Disability Rights Legal Center (DRLC) | [Special Education Request for Assistance](https://thedrlc.org/civil-rights/eap-intake-form/)  [Disability Rights Request for Assistance](https://thedrlc.org/intake/) | Since the 1970s, DRLC has been an advocacy nonprofit focused on advancing the civil rights of people with disabilities and addressing other legal barriers impacting the disability community. By working on both individual and class action court cases, DRLC challenges discrimination and advances change. |
| National Disability Rights Network (NDRN) | [NDRN Member Agencies](https://www.ndrn.org/about/ndrn-member-agencies/)  [Support Education Equality](https://www.ndrn.org/issues/education/)  [NDRN Releases 2020-21 School Reopening Principles](https://www.ndrn.org/resource/ndrn-releases-2020-21-school-reopening-principles/) | The National Disability Rights Network (NDRN) is the nonprofit membership organization for the federally mandated Protection and Advocacy (P&A) Systems and Client Assistance Programs (CAP). There are P&A agencies in every state and territory of the United States, and they are the largest provider of legally based advocacy services for the disability community. |
| Understood.org | I[ndividuals With Disabilities Education Act (IDEA): What You Need to Know](https://www.understood.org/en/school-learning/your-childs-rights/basics-about-childs-rights/individuals-with-disabilities-education-act-idea-what-you-need-to-know)  [IDEA, Section 504, and the ADA: Which Laws Do What](https://www.understood.org/en/school-learning/your-childs-rights/basics-about-childs-rights/at-a-glance-which-laws-do-what?_ul=1*pjpyli*domain_userid*YW1wLVJ2NUhYdjVSZXY4Z1JTOTJtRVNBWEE.)  [What to Include in a State Complaint](https://www.understood.org/en/school-learning/your-childs-rights/dispute-resolution/what-to-include-in-a-state-complaint) | Understood.org, a project financed and managed by the Poses Family Foundation, offers English and Spanish language resources related to learning disabilities, parent advocacy and educator materials. |
| The Office of Civil Rights (OCR) – U.S. Department of Education | [Education Rights of People with Disabilities](https://www.usa.gov/disability-rights#item-214076)  [Protecting Students With Disabilities](https://www2.ed.gov/about/offices/list/ocr/504faq.html#:~:text=Section%20504%20is%20a%20federal,in%20the%20United%20States%20.%20.%20.)  [Resources Available in Other Languages](https://www2.ed.gov/about/offices/list/ocr/docs/howto-index.html)  [Students with Disabilities Preparing for Postsecondary Education](https://www2.ed.gov/about/offices/list/ocr/transition.html) | The Office for Civil Rights (OCR) is responsible for several federal civil rights laws that prohibit discrimination in programs or activities that receive federal financial assistance from the Department of Education. |

This guide is one of several such guides that the team from RespectAbility has produced during spring/summer 2020. Other resources include our *Finding a Job as a Person With a Disability in Los Angeles* [career pathways guide](https://www.respectability.org/lajobs/), our *COVID-19 Economic Benefits How-To* [guide](https://www.respectability.org/2020/05/covid-19-economic-how-to-guide/), and our *COVID-19 Pandemic and People with Disabilities* [guide](https://www.respectability.org/covid-19/).

This guide is a work-in-progress. If you have other nonprofit or government resources to be included, please send them to: Jennifer Laszlo Mizrahi at [JenniferM@RespectAbility.org](mailto:JenniferM@RespectAbility.org).

[www.RespectAbility.org](http://www.RespectAbility.org)

*Best of luck!*

*We hope this resource has been of use to you – feel free to share this resource guide with others whom you think it will help!*

The RespectAbility Team