

I Am Me

I Am

Examples: Responsible,
Catholic, Nervous...

I Have

Examples: A Loving Family,
A Disability, Pets...

I Bring

Examples: Companionship,
Employment, Independence...

I Am Me

I Need

Examples: Moral Support, A Sense Of Humor...

I Seek

Examples: A Partner, A Job, Independence...

Elevator Pitch Template

Hi! My name is _____.

I am _____ and _____.
(Choose from the list of "I Am") (Choose from the list of "I Am")

I am looking to / for an opportunity to _____.
(Circle One) (Choose from the list of "I Seek")

I have _____ and _____.
(Choose from the list of "I Have") (Choose from the list of "I Have")

I bring _____ and _____.
(Choose from the list of "I Bring") (Choose from the list of "I Bring")

I welcome the chance to talk to you more about _____.
(Choose from the list of "I Seek")

I really think we could work together to _____!
(make the world a better, more inclusive place for all)