



RESPECTABILITY

Teen Pre-employment & Community Service Experiences for Youth with and without Disabilities

Erica Steen - Director of Community Engagement at the Morris Cafritz Center for Community Service at the Washington DCJCC
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Special Thanks to:



Summer of Service

An inclusion-based community service camp
for teens in the DC area



Teenage boy sweeping up a playroom for homeless children



Teens hanging out on a break while helping a senior adult clean up her yard



Teenage girl packing food at the food bank

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Speaker

Erica Steen is the director of community engagement at the Morris Cafritz Center for Community Service at the Washington DCJCC. She grew up in St. Louis, MO where she began at age 10 volunteering for a local Jewish day camp. Erica continued her work at Jewish camps during summers through her high school and college years. Erica attended the University of Kansas where she received her degree in Human Development and Family Life. Following graduation, Erica began work with juvenile offenders working for the state of Missouri's Department of Youth Services.

For the last 18+ years, Erica has worked in the Jewish community with organizations including the B'nai B'rith Youth Organization, the Jewish Federation of St. Louis and JCCs in St. Louis, Dayton, Cincinnati, and Washington D.C. Her work has included developing and training teens in leadership programs, creating youth and family programming, and coordinating volunteer work in the community.

Erica has been at the Washington DCJCC since 2006 as the director of the community service department coordinating volunteer projects that help DC's vulnerable populations and help to improve both the lives of the volunteers and those they help. In 2012 Erica had the opportunity to add to her portfolio and began supervising the DCJCC's Senior Lunch Program and LGBTQ staff while she continues to run the community service department.

When Erica is not working she volunteers with the Leukemia Lymphoma Society/Team In Training and helps to coordinate bone marrow registries in the hope to find a cure for blood cancers.

About the Washington DCJCC



The **Washington DCJCC (DCJCC)** is the Jewish community's address in our Nation's Capital, providing uniquely urban educational, social, cultural and fitness programs to the DC community inside and outside the beltway.

Open to all, with **the mission** of building and preserving Jewish identity, we promote **community values** through the following DCJCC programs and services.

Most importantly, The DCJCC embraces inclusion in all its programs and activities. We welcome and encourage the participation of all people, regardless of their background, sexual orientation, abilities, or religion, including interfaith couples and families.

The Morris Cafritz Center for Community Service (MCCCS)



Teens spending camp time helping the seniors of Seabury tend to their gardens

The MCCCS organizes high-impact volunteer programs that address unmet needs in the Washington, DC area. For over 25 years, the MCCCS has partnered with dozens of the area's non-profits serving at-risk and in-need residents to provide ways for our constituents to give back. Our mission is to engage our community in the service of others.

Volunteer opportunities are open to all. The MCCCS provides support to those in need regardless of age, race, gender, disability status, or religion.



FOUR ANNUAL DAYS OF SERVICE

MLK Day | Good Deeds Day | Everything but the Turkey | December 25th Day of Service

YEAR-ROUND PROJECTS

Behrend Builders | Hunger Action @ the DCJCC | Hunger Action @ DC Central Kitchen
Handmade for the Homeless | Books to Prisons | Martha's Table's Joyful Market

ANNUAL PROJECTS

Quarterly Blood Drives | Community Farm Share | Summer of Service Camp

GROUPS AND REFERRALS

Custom Projects: businesses, alumni groups, Bar/Bat Mitzvahs, schools mentoring and tutoring

Why Summer of Service?

In the DC metro area students need between 75 and 100 student service learning (SSL) hours to graduate high school.

These hours must be recorded and signed by a supervisor at the community service site and turned in for tracking purposes.



Teens painting, gardening and packing up food during community service camp

What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead. — Nelson Mandela

About Summer of Service

- 15+ years
- Over 600 teens
- Close to 50 different service projects
 - Packing food at the Capital Area Food Bank
 - Park and river clean-ups at Kenilworth Aquatic Gardens
 - Preparing food for people living on the streets
 - Sorting donations at A Wider Circle
- Students earn 25-30 hours of SSL per week
 - Hunger Banquets
 - Food Stamp simulations
 - Discussions with the individuals experiencing homelessness
- 2016 will be our 3rd year of Summer of Service for teens with disabilities



A teenage boy gives a thumbs up while sorting food at the Capital Area Food Bank

What does inclusion look like at Summer of Service?



Two teens packing up groceries for clients in need.



Young girl gardening

12-14 teens of all abilities work together to make a difference in our community

Things to consider:

- Staff to teen ratio
- Staff training to ensure that all staff are knowledgeable about the teens' abilities
- Creativity – adapting the projects to make sure that the teens can all participate
- Integrating teens with disabilities with neuro-typical teens

A Typical Day at Summer of Service

8:30 am Teens arrive at the DCJCC (or the Montgomery County meeting point) and discuss the day's activities

9:00 am Teens and staff board bus and head to service project

9:30 am The service site staff discuss project, the organization, and the expectations for the day

9:45 am – 3:00 pm The group works together to accomplish the task (with a lunch break and discussion)

3:00 pm On the trip back to the DCJCC staff engage the teens in a discussion of the day

3:30 pm Dismissal



Teens playing board games with children at a shelter

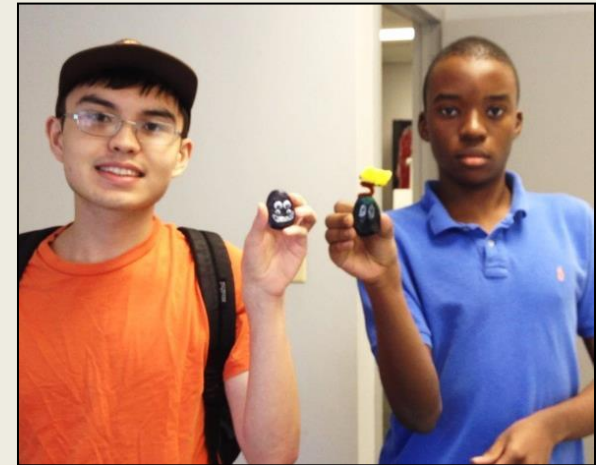
Adding Inclusion Component to Camp

Staffing

- Staff with skills and background to work with teens with special needs – special education teachers or para-educators
- Staff working with neuro-typical teens that are flexible and willing to work together with specialized staff
- Numbers – good ratio of teens to staff

Preparation

- Applications
- Pre-meetings with teens and parents
- Staff training



Teens holding the pet rocks they made for kids at the Children's Inn.

Preparation

Four steps:

1. The DCJCC Camp Registration Part

Learn more about camp at: bit.ly/ServiceCamp16

2. Details about the teen and his/her family – Registration Part 2

3. The Checklist

4. Parent/Teen/Staff meeting



Teens working together on an assembly line



Young man preparing sandwiches for those experiencing homelessness

Part 1 - The DCJCC Camp Registration

Everyone who comes to a DCJCC camp (we have several aside from Summer of Service) must fill out our camp registration through Camp Minder.

We include the checkbox below to help us know who to get more information from the families with a teen with disabilities.

☐ **Please check here if your camper has any special needs that we can accommodate for this summer**

This checkbox lets us know to have our Para-Educator reach out to the family to learn more.



Part 2 – More Information

Registration part 2 is specifically for the teens with disabilities and their families. It asks more pointed questions about the family.

Contact Information

Teen's Name: _____

DOB: _____ Grade level as of Fall 20__

Address: _____

Parent(s)/Guardian(s) Residing with teen: _____

Relationship: _____

Home Phone: _____

Cell: _____ Email: _____

Check Preferred Method of Contact: ☐ Phone ☐ Email

Please list the names and ages of siblings residing with your teen:

Parent/Guardian NOT residing with your teen (if applicable): _____

Home Phone: _____

Cell: _____ Email: _____

Please list the names and ages of siblings NOT residing with your teen:



Part 2 - Continued

We also want to learn about the teen's actions and interactions with others.

1. What are your teen's best attributes and what can we do to bring out the best in him/her?
2. Has your teen's disability been professionally evaluated?
3. What subjects does your teen enjoy the most at school?
4. What are some activities your teen likes to do with other people?
5. What are some activities your teen likes to do when they are alone?
6. Is there any additional information you would like us to know about your teen's ability to communicate?
7. Has your teen ever had a 1:1 support at his/her school?
8. Has your teen ever been asked to leave a program or not come back the following session?
9. Does your teen have a current Behavior Plan at school?
10. What are some interventions that have worked successfully for your teen?
11. Are there any specific situations that will cause anger or frustration for your teen?
12. When your teen becomes upset, how long does it take him/her to calm down and return to the group activity?
13. Is your teen able to calm him/her self down or will they need adult support?
14. Should your teen ever require adult support in the de-escalation process, what strategy do you think your teen would benefit most from?

Part 3 – Abilities and Disabilities

A checklist for the parents to let us know about their teen's challenges.

Developmental or Neurological

Autism | Asperger's Syndrome | Chromosomal Disorder | Down's Syndrome | Non-Verbal Learning Disability | Pervasive Developmental Disorder | Seizure Disorder | Sleep Disorder

Sensory and Motor Skills

Apraxia Cerebral Palsy | Developmental Coordination Disorder | Fine Motor Delay | Gross Motor Delay | High Muscle Tone Low Muscle Tone | Sensory Processing Disorder | Paralysis

Communication and Speech-Language

Articulation Fluency | Voice Disorder | Auditory Processing | Stuttering | Deaf | Hard of hearing | Blindness

Learning Disabilities

Dyscalculia | Dysgraphia | Dyslexia

Part 3 – Continued

Anxiety/Mood Disorders, Behavior

Bipolar Disorder | Depression | General Anxiety Disorder | Obsessive-Compulsive Disorder
Panic Disorder Post Traumatic Stress Disorder | Selective Mutism Separation Anxiety | Social
Phobia | Tourette's Syndrome

Behaviors

Attention Deficit Hyperactivity Disorder | Conduct Disorder | Impulse Control Disorder

Please check all that apply. This is a broad list of traits to help us find a starting point. Please add your own if you feel there is more to tell us.

Affectionate | Passive | Sad | Very Active | Self-confident | Careless | Nervous |
Fearful Even Tempered | Aggressive | Immature | Talkative | Sensitive | Restless |
Cheerful Fearless | Quiet | Friendly | Independent | Dependent | Reflective | Moody
| Eager to learn Outgoing

Which social/thinking style best fits your child (check only one):

Introverted | Extroverted | Mixed

Is your child able to engage and maintain social relationships with same age peers?

Yes | No

Part 4 – Parent | Teen | Staff Meeting

Meet with the parents and the teen to learn more about their needs, abilities and hopes for the summer.



Teens and parents working together to make cookies and sort donations to be given out to DC residents in need.

2016 Budget

4 weeks of camp (12 teens per week - 48 total)

Income		
	Total Projected	
paid students	\$ 15,000.00	income figured at 40 teens paying \$375 per week
complimentary students	\$ -	8 teens
transport from MoCo - paid by parents	\$ 1,600.00	8 teens per week @ \$50 for 4 weeks
Donations (individual and grants)	\$ 20,000.00	
TOTAL INCOME	\$ 36,600.00	
Expenses		
Supplies	\$ 2,000.00	\$500 per week
Para Educator - pre-camp planning	\$ 1,200.00	40 hours of pre-camp planning, \$30 per hr
Para Educator	\$ 4,800.00	\$30 per hr, 8 hours per day
Special Ed staff - 2 staff for 4 weeks each	\$ 8,000.00	\$25 per hr, \$1000 per week (this will vary depending on the number of teens attending camp with disabilities)
Second Neuro-Typical Staff	\$ 1,672.00	\$418 per week
DCJCC Staff	\$ 4,850.00	5% of Director's salary plus 15% of Avodah Corp Member
Transportation	\$ 13,200.00	~\$2200 per bus per week (6 weeks needed due to locations)
TOTAL EXPENSES	\$ 35,722.00	

Budget Sources

Camp Fees

Partnerships



Volunteer service agencies

Community financial support



Individual donors

Marketing



Teens working together to sort diaper donations at the diaper bank

Online

- DCJCC website
- DCJCC e-Newsletter
- RespectAbilities
- Dreams For Kids e-Newsletter
- X Minds e-Newsletter

Schools

- Montgomery County Schools
- DC Public Schools
- Private DC area schools
- Jewish Day Schools

DCJCC Programs



Young girl helping to sweep up and clean the yard of a senior adult with disabilities

Summer of Service 2016 Promotional Postcard



Spend your summer making the world a better place.

Teens of all abilities will work directly with the DCJCC's Morris Cafritz Center for Community Service (MCCCS) to help change lives. Community service opportunities include food distribution, working with seniors, community clean-up, and more. Counselors and special education professionals work closely with campers to make this inclusive Service Camp accessible and to ensure everyone enjoys the full diversity of our community. Campers earn up to 30 SSL hours of volunteer hours per week. This camp is designed for teens grades 7 – 12.



Inclusion Policy

The DCJCC embraces inclusion in all its programs and activities. We welcome and encourage the participation of all people, regardless of their background, sexual orientation, abilities, or religion, including interfaith couples and families.

Deadline to register is May 20, 2016

For more information or to sign up visit dcjcc.org/Camp



Summer Day Camp Washington DCJCC
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w. washingtondcjcc.org/camp

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Summer of Service Online:

bit.ly/ServiceCamp16



Camp staff pitching in and sorting items on an assembly line.

For more information on Jewish Inclusion

[**http://respectabilityusa.com/resources/jewish-inclusion/**](http://respectabilityusa.com/resources/jewish-inclusion/)

Twitter:

<https://twitter.com/jewishinclusion>

Facebook:

<https://www.facebook.com/RespectAbility4All>

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